

Tar Heel HOMEMAKERS E-news

August 2024

Volume 14 Number 4

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2023-24 Leadership Team

President	Wanda Denning, Wake County
President-elect	Dorothy Wagstaff, Person County
Past President	Cathy Holmes, Rutherford County
Vice Presidents	
North Central	Jeanne Gilbreath, Davie County Colleen Church, Liaison Agent
Northeast	Marita Powell, Currituck County Olivia Patchel, Liaison Agent
South Central	Patricia McKoy, Harnett County Shannon Adcock, Liaison Agent
Southeast	Linda Rivenbark, Bladen County Jessie Jones, Liaison Agent
West	Kelly Dale, Rutherford County Sheri Ledford, Liaison Agent
Appointed Parliamentarian	Wanda Denning, Wake County
Appointed Treasurer	Dana Croston, Gaston County
Cultural Arts Co-chairs	Kelly Dale & Kay Dalton Rutherford County



Notes From Your President . . .

Thanks to all the counties who made the awesome centerpieces for our recent conferences. We received lots of compliments on the creativity of them. I also appreciate the work that went into making the small favors that were distributed at each meal.

Kudos to Joyce Kluttz and Cathy Holmes for co-chairing the conference planning committee. The evaluations were overwhelmingly positive! There were a few hiccups as there always are, but I think NCECA was the perfect host!

Dana Croston, our new Appointed Treasurer and Kayla Adams did an awesome job with registrations! What a way to “initiate” Dana!

If you did not attend the Conference, you missed some very interesting educational workshops. We are working to get those on our website!

We also elected and installed your 2025-26 officers! I’m excited for the dynamic team coming in!

With those two conferences behind us, we can move on with our restructuring of ECA. We approved changes to our bylaws which brings on other changes in our Policies & Procedures, rotation schedule, etc. Please be patient as we reimagine ECA in order for us to remain viable for another 100+ years!

Wanda

go.ncsu.edu/nceca

Northeast

Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Franklin, Gates, Halifax, Hertford, Hyde, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Tyrrell, Wake, Warren, Washington

Wake County

Robin Smith, a Wake County AmeriCorps VISTA, addressed the **Wake ECA** with information about the Mini Food Pantries of Wake County. Robin was joined by her co- worker Nathalie Uriale-Ayala.



She explained that a micro or mini pantry is a public and free storage of food. Pantries are often made from recycled furniture such as cabinets, bookshelves, and even lockers. Pantries operate on a ‘take and give what you can basis’, like Little Community Libraries. This means that local communities are directly responsible for keeping them well stocked. Because these pantries are unrefrigerated and often outside, all donated food must be shelf stable. Micro-pantries are often stocked with canned food, bottled water, and packaged snacks.



Sara Perry and her club, **Raleigh Willing Workers** will head up this effort of replenishing the mini pantry on Crosslink Road. **Shotwell club** volunteered to assist with providing shelf stable food. This is a meaningful project and ECA members look forward to participating in such a worthy cause.

Southeast

Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Greene, Johnston, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, Robeson, Sampson, Wayne & Wilson

Wayne County



Engaging in professional development can boost volunteers' confidence and provide a sense of achievement in their roles. Wayne County ECA members attended the NCECA and NVON Conferences. This provided them with a chance to connect with volunteers from across the nation and acquire new skills.

It was truly an honor to be recognized with the following awards:

*NCECA Gold Award

*Outstanding Volunteer: Oma Whitaker

*Leadership Award: Betty Evans



A big thank you to Wayne County ECA for their valuable contributions to our community.

Duplin County

Our Annual Achievement Program was held in June. It was a great event led by Committee Chairperson, Ruby Brinson. The smallest of details were mindfully planned and orchestrated with each member. Members were recognized for volunteering and hours contributed, cultural arts contribution, community services, etc. Our members came together to have an amazing program.

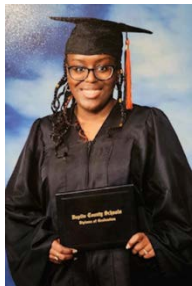


County Commissioner Wayne Branch attended and recognized the members for community service.

- Ruby Brinson was recognized for having 48 years of service
- Olivia Williams was recognized for 30 years of service
- Colleen Newkirk was honored as 2023 Club Woman of the Year
- The 2023 Outstanding Fundraiser was Ruby Farrior.
- The club was recognized for over 31,000 volunteer hours of community service.

All the members were recognized for their work, no matter how great or small. This is what makes an amazing club.

Our keynote speaker was Rev. Dr. Pamela Faison. Her topic was "The Content of Your Cup." Rev Faison referenced her up-bringing and how she became a stronger person and was able to face today's obstacles.



The club announced the recipient of their annual scholarship. The winner for 2024 Shamara Laine Humphrey, a graduate of Wallace-Rose Hugh School in Teachey, NC. She will be attending James Sprunt Community College in the fall in pursuit an Associate of Arts degree.

State ECA Conference was held in Asheville. Wanda Denning, State ECA President spoke about the upcoming changes about membership, member retention and encouraging new memberships. The goal is to strengthen member relationships and provide positive relationships. The President of **Stanford-Duplin ECA**, Betty Carraway on behalf of the club accepted the Gold Standard of Excellence Award for Education and Organizational Achievements in Fulfilling the Mission and Purpose of NCECA.



NCECA Cultural Arts exhibits were judges. Our club received three blue ribbons by two members. Felicity Evans won a blue for an owl painting and Deborah Holloway won two blue ribbons, one for sewing a doll outfit and the other in floral arrangement.

Olivia Williams received the Longevity of Service Award.



Duplin County, continued

Five of our members attending NCECA State Conference in Asheville: (L-R) Betty Carroway, Joyce Wade, Emma Carr, Catherine Lovick and Olivia Williams.



Stanford- Duplin ECA provided two silent auction items and two door prizes for the conference. Each county committed to decorate a table for NVON. Deborah Holloway created ours. The theme was Wine County.

It's "Sew" Easy



Partnering with 4-H to teach kids how to sew. 4-Hers learned to measure out a pattern cut material, pin and sew aprons in this workshop.

ECA Sewing Instructors (L -R) Deborah Holloway, Linda Willilams, Colleen Newkirk , Theresa Bowles and Nancy Morgan



We partnered with FCS and 4-hers to pick blueberries at the Castle Hayne Research Station. FCS Agent, Rachel Exxell coordinated with Duplin Christian Outreach Ministries to arrange these donations within Duplin County and delivered around 112 pounds of blueberries

North Central

Alamance, Alleghany, Ashe, Caswell, Chatham,
Davidson, Davie, Durham, Forsyth, Granville,
Guilford, Orange, Person, Randolph, Rockingham,
Stokes, Surry, Vance, Wilkes, Yadkin

Person County

Person County ECA received the Silver Standard of Excellence Award for volunteer hours reported.



Liaison Agent Jennifer Brown taught "Cooking Matters at the Store" for attendees at the NCECA State Conference.



Randolph County



Randolph ECA's Life Long Learner Club sponsored a Paris Olympic Social at Brookdale Assisted Living Center on July 29. Highlights of the program featured a French language lesson, a French trivia lesson, and fun

leadership games. The day ended with a tasting of homemade French crepes.

Les Jeux Olympiques-Paris
le 26 juillet - le 11 août, 2024



Surry County

Just in time for hurricane season, the **Beulah ECA Club** hosted Crystal Merch, a Beulah Community neighbor who presented a program on Emergency Preparedness for the club in July. She brought her personal Emergency Kit that she made for her home and shared the importance of everyone being prepared for any situation.



Members of the **Pilot Mountain ECA Club** hosted a program on Scams and Fraud at the Pilot Mountain Senior Center in June. In July, club members enjoyed a wonderfully informative travelogue of Spain and Portugal with club member Kathy Branch. Kathy is an excellent photographer and shared many interesting pictures of food, scenery, mosaic tiling, and beautiful cathedrals.

Members of the **Siloam ECA club** enjoyed reminiscing about their fathers as they shared special memories in celebration of Father's Day in June. In July, the club had a summer covered dish luncheon and a craft workshop. Members and guests used pizza pans to make a door/wall decoration. It was a lot of fun and interesting to see how each one was creative in designing their decoration.



South Central

Alexander, Anson, Cabarrus, Catawba, Cumberland,
Gaston, Harnett, Hoke, Iredell, Lee, Lincoln, Mecklenburg,
Montgomery, Moore, Richmond, Rowan, Scotland, Stanly,
Union

Lee County



Lee County ECA members attended the South Central ECA District meeting in Harnett County. They were (L-R) Mildred Smith, Sharon Raschke, Angela Jenkins, Gail Hendricks, President Hearts and Hands ECA Club, Gwenette Jones, and Angela Jenkins. Donations of linen for the Boys and Girls program were taken to support the district project.

At the **Lemons Springs ECA Club** June meeting, Valerie Johnson, President, discussed the cultural significance of red foods, such as red velvet cake to the newly freed men and women, appropriate to serve to celebrate the June (19th) tenth holiday. From left to right are Angela Jenkins, Gwenette Jones, Valerie Johnson, and Gaynell McIver. Also attending was Mildred Smith, taking the picture.



The club also continued to collect pennies for youth in the county. We have had committee meetings for planning the fair booth. It is about tips for including foods in menu planning with the Mediterranean diet. Four members representing 2 clubs met with the Agent to discuss possibly restarting County Council meetings.



One member attended the state ECA convention. Valerie Johnson is participating in the workshop on making a paper musical rose. She also enjoyed the line dancing activities

Angela Jenkins was recognized for Outstanding Club Member of the Year this year. Lee County also earned a Gold Award of Excellence based on reported CVU hours.

Mildred Smith, past president of the **Lemon Springs ECA Club**, attended a virtual blog series on "Are You Ready?" which promotes good manners and career skills in helping youth to get a job. The topics vary from the importance of first impressions, table manners, dressing for success, and preparing for interviewing questions. She recently completed a 2-year term as President of the Greensboro Epicureans, Inc. where she credits her 4-H and ECA experiences in helping her to achieve goals with the club.



West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey

Cleveland County

Six **Cleveland County ECA** members and our ECA Liaison Agent attended the 2024 NCECA State Conference on July 15 and NVON Conference on July 16-18 in Asheville at the Doubletree Biltmore Hilton Hotel. Pictured after the banquet are: (left to right) Karen Hubbard, Pat Farley, Les Dixon, Lorinda Richard and our County FCS Agent Nancy Abasiekong. Missing from the photo are members: Linda Carpenter and Valerie Boyd who attended two days of the conferences.



In the photo Karen holds the award she received as Cleveland County's Outstanding Volunteer of the Year; Pat holds the award she received as the West District Leadership Candidate Award.

While Les and Lorinda hold the Gold Award of Excellence received by **Cleveland County ECA** for the county's many hours of volunteer service in 2023. We are so proud of how our members work to support local organizations like the Neal Senior Center, Broad River Grandparents Raising Grandchildren & Kinship Care Support Group, and VIA Health Partners (formerly Hospice of Cleveland County).

Members collected items from the VIA Wish List at the July Council Meeting.



Here, Karen delivers the items collected to VIA Health Partners as part of the Fostering Family & Community Resiliency Issues Committee 2024 Plan of Work. We were thanked for our generous donations and support of the residential and at-home patients and their families who are served by VIA.



Watauga County

For several years, **Happy Hearts ECA Club** in Watauga County has donated school supplies to the local "Back-2-School" Festival. The participation began with the sale of smoothies at their Snack Shoppe in operation at Watauga Opportunities in Boone, NC. Proceeds were used to purchase the school supplies which were then delivered to help "Pack-the-Bus". Last year's festival assisted over 1,800 school children, and our Happy Hearts club is proud to be a small part of this event!



NCECA State Conference

Cultural Arts Winners

Category #1 - Sewing

1. Lynn Lifford - Gaston South Central
2. Victoria Jimenez - Wake Northeast
3. Beverly Boltinhouse - Wayne Southeast

Category #2 - Sewing Home Furnishings

1. Jeanne Lovings - Wake Northeast
2. Joan Quinn - Wake Southeast
3. Mickey Studevent - Davie North Central

Category #3 - Needlework

1. Gloria Smith - Forsyth North Central

Category #4 - Knitting

1. Diane Stevenson - Stanley South Central
2. Marguerite Robinson - Duplin Southeast

Category #5 - Crocheting

1. Victoria Jimenez - Wake Northeast
2. Linda Carpenter - Cleveland West
3. Judy York - Cabarrus South Central

Category #6 - Embroidery

1. Sandi Henderson - Gaston South Central
2. Gloria Smith - Forsyth North Central

Category #7 - Stitchery

1. Sandi Henderson - Gaston South Central
2. Linda Carpenter - Cleveland West
3. Gloria Smith - Forsyth North Central

Category #8 - Craft Recycling

1. Sylvia Stancil - Cabarrus South Central
2. Mary Ann George - Wayne Southeast

Category #9 - Heritage Skill

1. Thelma Blake - Wake Northeast
2. Sandy Kendall - Cabarrus South Central

Category #10 - Nature Craft

1. Caroline Ingram - Gaston South Central

Category #12 - Flower Arrangement or Wreath

1. Deborah Holloway - Dublin Southeast
2. Clara Thompson - Stanly South Central

Category #13- Christmas Decorations

1. Sylvia Stancil - Cabarrus South Central
2. Catherine Lovick - Duplin Southeast

Category #14 - Jewelry

1. Kelly Dale - Rutherford West

Category #17 - Paper Craft

1. Jeanne Lovings - Wayne Southeast

Category #18 - Doll

1. Deborah Holloway - Duplin Southeast
2. Linda Carpenter - Cleveland West
3. Barbara Looney - Cabarrus South Central

Category #20 - Miscellaneous

1. Kay Dalton - Rutherford West
2. Regina Smith - Forsyth North Central

Category #23 - Acrylic Painting

1. Felicity Evans - Duplin Southeast
2. Ellen Mabry - Stanly South Central

Category #26 - Photography Color

1. Sylvia Stancil - Cabarrus South Central
2. Joan Quinn - Wake Northeast
3. Debra Carr - Duplin Southeast

Category #27 - Quilt Appliqued

1. Ellen Mabry - Stanly South Central

Category #29 - Quilt Pieced, machine quilted

1. Nancy Carlson - Cabarrus South Central
2. Mickey Studevent - Davie North Central
3. Oma Whitaker - Wayne Southeast

Category #30 - Quilt Pieced, hand quilted

1. Deborah Barr/Peggy McAnuity - Cabarrus South Central
2. Gloria Bryant - Surry North Central

Category #32 - Quilt Stamped Pattern

1. Sandy Kendall - Cabarrus South Central

Category #36 - Other Quilt Technique

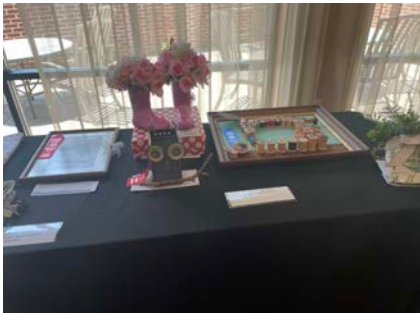
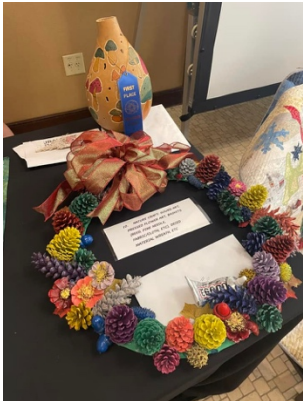
1. Ellen Mabry - Stanly South Central
3. Betty Snyder - Forsyth - North Central



Best of Show - Ellen Mabry - Stanly South Central

State Conference

Cultural Arts



Meet your 2025-26 Leadership Team

President – Dorothy Wagstaff, North Central

President-elect - Betsy Odell, Southeast

Past President – Wanda Denning, Northeast

VP-Northeast – Patricia Foye & Liaison – Gina Garcia -somuk

VP – Southeast – Regenia Bell & Liaison – Stephanie Stevenson

VP – North Central -

VP – South Central – Audrey Hunt & Liaison – Kayla Adams

VP – West – Kelly Dale & Liaison – Sheri Ledford

Advisor – Peggie Garner

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NVON Conference



Wayne County ECA in the house!

Wake County ECA here too!



North Carolina Night with Band of OZ!

Thank you to our sponsors!

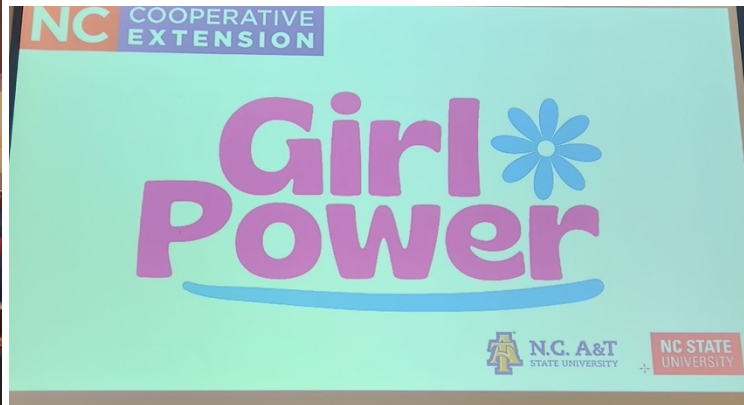


Chihuly at Biltmore!

Our own Regenia Bell, Southeast President -elect opened the NVON Conference leading *God Bless America*!



Michelle Estrada was a luncheon speaker, presenting Wayne County's Girl power!



Paige King Johnson, a Harnett County girl and Nashville country artist performed at the closing banquet!



NCECA's delegation!!!!

The Project in Common for 2025-27
Break the Stigma, Ignite Hope – Mental Health Matters!



Dates to Remember

August 1	eNews Deadline
August 7	Leadership Team Virtual Meeting
September 4	Leadership Team Virtual Meeting
October 1	Tar Heel Homemakers eNews deadline



September 2, 2024



NC STATE EXTENSION

Place
Postage
Here