

Tar Heel HOMEMAKERS E-news

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2019-2020 Leadership Team

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President-elect	Wanda Denning, Wake County
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Northeast	Evelyn Henley, Currituck County Olivia Patchel, Liaison Agent
South Central	Estelle Coffey, Union County Marcus McFarland, Liaison Agent
Southeast	Christina Batiste, Onslow County Peggie Garner, Liaison Agent
West	Janis Byers, Rutherford County Tracy Davis, Liaison Agent
Appointed Parliamentarian	Wanda Denning, Wake County
Treasurer	Faye Lanier, Durham County
Cultural Arts Co-Chairs -	Louise Faison & Ruby Brinson
Advisor	Geri Bushel, NCSU

Notes From Your President . . .



Greetings Everyone!

I hope you all are doing well and are looking forward to our upcoming State Conference in Raleigh NC in October.

Wanda Denning and I attended the 23rd NVON Annual Conference held at the Double Tree by Hilton July 25-27 in Evansville Indiana. They did an awesome job, the theme was *Make a Difference and Embrace Change*. 90 persons were in attendance.

They had some excellent educational and craft workshops, and some exciting tours.

Hold this date . . .the NVON Conference for 2023 will be held July 18-20 at the Blennerhassett Hotel in Parkersburg, West Virginia.

Once again I want to commend everyone for the great work they have been doing in their communities.

We are moving forward, taking one step at a time as volunteers keeping in mind that's all it takes to make a difference.

To make a difference in someone's life, you don't have to be brilliant, rich, beautiful, or perfect. You just have to care.

The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.

Volunteers are not paid – not because they are worthless, but because they are priceless." The essence of life is to serve others and do good.

Let us continue holding up the umbrella during the rain storm because the sun will come out tomorrow.

Let your light shine, be safe and may we all with the help of God continue to work together in unity and love.

Cathy Holmes

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Across the State!

Southeast

Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Greene, Johnston, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, Robeson, Sampson, Wayne, Wilson

Duplin County

The **Stanford Duplin ECA** has been busy bees this past few months. First on the list of activities, the Stanford Duplin ECA had 15 members attending the Southeast District Conference on April 26, 2022 at Johnston County Cooperative Extension.

Second, the club participated in their Southeast District Cultural Arts Competition, eleven of their entries were 1st place winners. Those winners will go on to compete in the state competition in Raleigh on October 24-26, 2022.



Third, in June, three of Stanford Duplin ECA members become Extension Master Food Volunteers through NCSU’s Food and Consumer Sciences program. This has enabled and expanded the grow and outreach for the club in some of the following areas: 4-H programs,

Left to right: Debra Carr, Emma Carr, and Theresa Bowles

Fourth in June, ECA members help to monitor and judge student’s presentations for 4-H District Day at Lenoir Community College.

Finally on Tuesday, July 12, 2022, Stanford-Duplin ECA delivered 100 Lap Quilts to the four of Duplin County Nursing/ Rehabilitation Centers the names of the contacts and their centers are as follows.: Alicia Edge at Gardens of Rose Hill, Erica Smith at Day Springs of Wallace, Lynn Bryant at the Wallace Gardens, and the Stephanie Mitchell at the Wallace Rehabilitation Health Care Center (previously known as the Brian Center). (see attached pictures) The quilt making project began in April 2022. These quilts were carefully selected to be colorful, the material was to be 100% cotton (for softness), squares were cut to size, the batting placed in the center and then all the quilts were sewn and tacked. This project was a joy for the ECA club and they enjoy serving their community.



Each of the Centers received 25 Lap Quilts. The centers were glad to received such a heart-felt gifts from the Club.

ECA members Carolyn Lisane, Theresa Bowles, Jacqueline Lisane with Erica Smith of Daysprings at Wallace.

The club has started their next project. This project is making caddies for wheel chair and walker patients for the remaining Duplin County Nursing/Rehabilitation Centers.

go.ncsu.edu/nceca

Craven County

Some **Krafters Klatch** members have been volunteering at the Food Bank. The club had a informative program on the History of Valentine’s Day. They collected suitcases for Boys & Girls Homes which are needed for the children to have one of their own to put their things when they leave for a visit.

They learned about “Reef for Veterans,” a place where veterans can be buried at sea.

Members made 90 table favors for District Day.

The club had a wonderful program on “Who Gets Grandma’s Yellow Pie Plate?” They collected socks for men, women and children that are homeless.

They donated money to Boys & Girls Homes.

Members cut 314 fish from cards for eye screening at schools. This makes 2625 fish for 2022!

North Central

Alamance, Alleghany, Ashe, Caswell, Chatham, Davidson, Davie, Durham, Forsyth, Granville, Guilford, Orange, Person, Randolph, Rockingham, Stokes, Surry, Vance, Wilkes, Yadkin

Randolph County



Randolph County ECA had a Trek on May 26th to 3 wonderful NC towns. The day started with a morning walk around the Ciener Botanical Garden in Kernersville.

In Clemmons the group had a wonderful guided tour of Mrs Hanes’s Cookies.



After lunch at The Center Bistro in Yadkinville. There was also time to enjoy the Michael Isley Stained Glass Exhibit at the Welborn Gallery.

Person County

Person County ECA received \$1000 in funding from the ECA Foundation to help increase our ECA membership as well as awareness about our organization. A variety of possibilities were discussed such as an Open House, display at the Public Library, sponsoring a Bingo game or starting up a club at the Senior Center, wearing our shirts and name tags more often, etc. We have made plans to serve concessions at one of the Free Friday Movie Nights at the local theater with ECA keeping the proceeds from the concessions.

ECA will be participating in the Back to School Bash at Huck Sansbury on Saturday, August 13th from 10am – 2pm. The Extension Office is helping provide most of the school supplies but the ECA members will serve as the volunteers for the booth handing out materials and FCS program information.



Norma Wilkerson, long-time member of Bushy Fork ECA, passed away. The Person County ECA County Council made a motion to make a \$100 donation in her memory to her church for her 60 years as an ECA member.

South Central

Alexander, Anson, Cabarrus, Catawba, Cumberland, Gaston, Harnett, Hoke, Iredell, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Richmond, Rowan, Scotland, Stanly, Union

Gaston County



Pam Bryson, Gaston County Liaison will be retiring on September 30th. She would like to express how much she enjoyed working with ECA across the state. She spent 25 years with Gaston County, 17 of those years with ECA. After retirement Pam plans on becoming an Extension Master Food Volunteer Program working with Linda Minges, FCS agent. She hopes to see some of you after she retires. We wish Pam the best in her retirement.

Martha Goebel Specialty Group completed 33 Easter bags for the Adult Day Care.



VOLUNTEER IMPACTS: MAY 2022

Gaston County ECA monthly reports make such a difference! Thanks to all 16 members who submitted their volunteer reports/hours for March. These impacts will be shared in each monthly newsletter, social media, and NC Cooperative Extension and Gaston County stakeholders. During May, 25 ECA members reported 396 volunteer hours and 678 client/individual contacts - representing a value of \$10,288 to North Carolina.

ECA SCHOLARSHIP COMMITTEE UPDATE . . .ECA Scholarship winners (total of \$8,770 being awarded) include the following five individuals: Zachary Carr, Elenor High, Madison McCathern, Skye Reed, and Jonathan Williams.

ORIGAMI EXPLODING PHOTO BOOKS (If you live in a surrounding county come out and join us)

Date: Tues., August 16th
Time: 2:00 - 4:00pm
Registration deadline: August 9th
Cost: \$10 - ECA members, \$12 - non ECA members
Instructor: Lore Spivey



These small, square books “explode” into a series of square and triangular pages when you open them. Each book is constructed with decorative papers, cardboard, ribbon, and construction paper. When you open it up, expecting to see traditional book pages, you will be so amazed to see all the pages fold out. Instructor will furnish all



materials. Bring paper cutting scissors if you have them.

LOCAL ADULT DAYCARE helps ECA by stuffing heart and cancer pillows for the local hospital. The ECA members sewed the pillows for the Adult Day Care this was a wonderful project for the seniors at the daycare and ECA.

QUILTMAKERS SPECIAL INTEREST GROUP

The **Quiltmakers Special Interest Group** had a three-day fundraiser Christmas in July. This fundraiser raised money for new cutting mats and other things the Quiltmakers needed for classes. The participants paid for an 8-foot table to work on crafts. For fun the Quiltmakers also taught 3 classes.

Cabarrus County



The Cabarrus County ECA officers with their scholarship winner!

West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey

Rutherford County



Rutherford County ECA volunteers working as a team to complete the Kitchen Project Kits for distribution.



Rutherford County ECA members are excited about the upcoming Mystery Fun Day August 17,2022



A “Big Shout” out to our members who worked on the Dignity Bibs for the nursing homes. They were delivered to Hospice and Willow Ridge, they did a awesome job.

Donna Goosey receiving them for Willow Ridge.



Elizabeth Harris receiving them for Hospice

Cherokee County

The **Grape Creek ECA** workshop in June was making baby bibs and burp cloths for the local parenting program of Cherokee County.

Judy LaChance displays a baby bib. Made from the scrap flannel from the blankets that were made last month.



Pat Davis is displaying a burp cloth.



Robin Johnson and Joyce Pastora sewing and discussing the best way to do them.

Cyndi Martin taking photos and getting stuff for everybody.



Cleveland County

Cleveland County ECA members are excited about the current NVON Project in Common, BEE-CAUSE Pollinators Feed the World, and are finding many ways to learn more about pollinators and share this information with others in our community. Two June projects highlighted Pollinator Week which was June 20-26. In an effort to teach children, families, and adults about pollinators, ECA members presented the Power of Produce, POP, activity at the Foothills Farmers Market on June 4. Children learned about Pollinator Week, *5 Things Kids Can Do To Help Pollinators*, and got to taste a product that depends on pollinators - blueberries.



They enjoyed a delicious Blueberry Sundae with freshly harvested blueberries from one of the market farmers. Over one hundred children and adults enjoyed a refreshing



Blueberry Sundae and learned new things about pollinators. ECA members participating were: Lorinda Richard, Les Dixon, Pat Farley, Jean Ann Privett, Judy Canipe, Ben Privett, and FCS Agent Nancy Abasiekong.

Belwood ECA members were fascinated to learn about the complex world of a familiar pollinator, the honeybee, when member Lorinda Richard's husband and beekeeper, Steen, gave a slide presentation and talked with them at their June 21st meeting. Steen explained the three kinds of bees in the hive and their jobs. He talked about how bees are used for pollination and how commercial pollinators move their honeybees from one location to another. He explained how bees gather nectar, store it and then turn that nectar into honey.

Steen discussed when to take the honey from the bees, how he extracts it from the cones in the frames and his procedure for bottling the honey. He showed a beehive and several beekeeping tools including a bee suit, bee smoker, etc. and explained their uses. Steen answered several questions from the group and ended by graciously giving each member a pint of honey to enjoy.



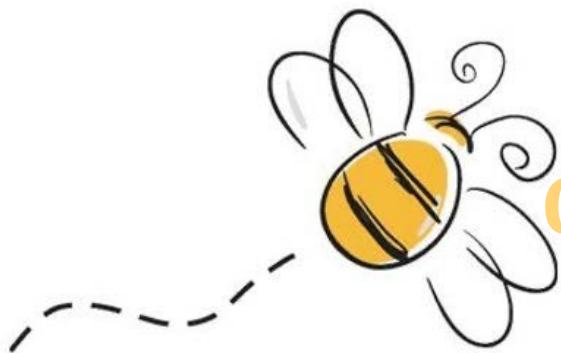
Cleveland County, continued

Cleveland County ECA members continue to provide outreach to the community through the Fostering Family & Community Resiliency Issues Committee. Here Issues Coordinator, Jean Ann Privett, gets help with a delivery of over 300 items (in 2 carts) to the Neal Senior Center Food Pantry. These items are valued at approximately \$253. Throughout 2022, Neal Center staff have informed the community of the higher than usual food needs expressed by area seniors. ECA and the general community will continue to address these needs.



ECA members know the value of Hospice to our county and surrounding areas. Members brought items from the third quarter Hospice Cleveland County Wish List to the July County Council meeting. Jean Ann Privett

delivered the 148 donated items (valued at approximately \$130) to Hospice staffers Pam and Natalie and expressed our appreciation and support for the compassionate work they do.



Cause ECA Matters!

Registration included in this newsletter!

Since we are returning to the Hilton - Raleigh North Hills, we have decided that we really cannot ask a District to serve as host . . . instead we will ask each District to accept a responsibility!!

As usual, each county is asked to bring at least 1 item for a door prize. Please review the committees and decide which responsibilities YOUR District to like to accept!

Decorations:

Evaluations:

Hostesses:

Door Prizes:

Registration on site:

Crafts:

Speaker Gifts:

Favors:

If you have questions, please contact Cathy Holmes or Wanda Denning!

Scholarship Winners!

Scholarship applications have been judged by all Districts and here is the list of winners:

Southeast - Cailey Collier, Jude Stanley - Columbus County

South Central - Angel Thompson, Lauren Harrison - Cabarrus County

West - Devoria Boykins - Rutherford County, Eli Roberts - Cleveland County

Northeast - Robin Dunbar, Haylie Kimbal -Tyrrell County

North Central - Amelia Mae Radford - Surry County, Courtney Watkins - Orange County

Congratulations to these outstanding applicants.

Dates to Remember

August 1	Leadership Application to Geri Bushel eNews Deadline
August 15	NCECA Conference Registration Packet sent out
September 7	NCECA Leadership Team Virtual Meeting
October 1	eNews Deadline
October 5	NCECA Leadership Team Virtual Meeting
October 24-26	NCECA State Conference - <i>BeeCause ECA Matters</i> Hilton - North Raleigh
November 1	NCECA Scholarship Information sent out

Position Available

We regretfully announce that Faye Lanier has tendered her resignation as Appointed Treasurer. Faye has done an awesome job in her service to NCECA, but she cited recent health concerns for her asking to step aside.

If there is any member who would like to serve NCECA in this capacity and has bookkeeping knowledge, please contact President Cathy Holmes!



Happy
LABOR DAY



Place
Postage
Here

