

# Tar Heel HOMEMAKERS E-news

December 2020

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## 2019-2020 Leadership Team

President	Shelby Ford, Union County
President-elect	Cathy Holmes, Rutherford County
Past President	Judy Blythe, Craven County
Vice Presidents	
North Central	Kim Lemons, Randolph County Jeannie Leonard, Liaison Agent
Northeast	Joan Quinn, Wake County Gina Garcia-somuk, Liaison Agent
South Central	Linda Jozwiakowski, Gaston County Pam Bryson, Liaison Agent
Southeast	Betsy Odell, Carteret County Stephanie Stevenson, Liaison Agent
West	Melody Heltman, Henderson County Renay Knapp, Liaison Agent
Appointed Parliamentarian	Wanda Denning, Wake County
Appointed Treasurer	Faye Lanier, Durham County
Advisor	Geri Bushel, NCSU
Cultural Arts Chair - Harnett County	Rose Cotton Mary Forrest

## Notes From Your President . . .



I feel honored to have served as your 2019 and 2020 NCECA President and getting to know so many of you personally. You are a wonderful group of people who serve your community, county and state in so many ways – even during covid. You have done so much in so many different ways. I want to express my gratitude and appreciation to the Leadership Team for the way they have been so supportive, caring and

hard working to make certain everything ran smooth. THANK YOU. You, the ECA Membership have done an outstanding job during the most difficult of times. You continue to earn my gratitude and respect. Cathy Holmes, your new president for 2021 and 2022 and her Leadership Team will do a great job and lead ECA to greater things ahead.

May you find a way to have a great – although different Christmas. Remember the Spirit of God is always with us no matter how difficult times are.

Have a blessed Christmas and New Year.

*Shelby Ford*

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# Across the State!

## Northeast

Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Franklin, Gates, Halifax, Hertford, Hyde, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Tyrrell, Wake, Warren, Washington

## Edgecombe County



The **West Edgecombe ECA** met on October 13. This was the first meeting of the group since March due to the Pandemic. It was great to see everyone even though we all sat socially distanced scattered throughout the building. President Margaret Baird shared with the group crafts she had made during her Pandemic lock in time. She demonstrated how she made each craft and shared that each craft was made from items she already had at home.

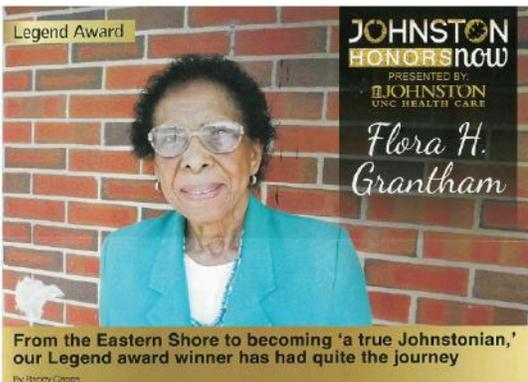


The group also discussed the importance of physical activity and several shared they were participating in the Virtual Fall Walking Challenge hosted by Edgecombe & Nash Cooperative Extension. Several of the members also are participating in the Facebook Live LIFT (Life Long Improvements through Fitness Together) exercise program every Tuesday and Thursday mornings hosted by Edgecombe & Nash Cooperative Extension. The group decided to wait until January to meet again.

## Southeast

Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Greene, Johnston, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, Robeson, Sampson, Wayne, Wilson

## Johnson County



**South Central**

Alexander, Anson, Cabarrus, Catawba, Cumberland, Gaston, Harnett, Hoke, Iredell, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Richmond, Rowan, Scotland, Stanly, Union

**Cabarrus County**



**Cabarrus County ECA** partnered with TrueCare Pharmacy, 690 Cabarrus Avenue, Concord to offer a community free Flu Clinic, outside, on the Extension lawn on Wednesday, September 30, 2020 from 10am-2pm. 51 adults received Flu Shots during the Clinic.

Pharmacy owner, David Line, and Pharmacist, Sydney Boatman attended the October 22, **Cabarrus ECA County Council** meeting to answer questions about the flu and to present a financial donation of \$255.00 ( \$5 per person receiving a shot) to the ECA Council. ECA Health

and Wellness Leader Donna Smith coordinated the clinic and received the donation on behalf of the ECA County Council.



The **Cabarrus County ECA County Council** held their 2<sup>nd</sup> quarterly meeting of 2020 October 22, 2020 which was their second Council meeting of the year due to Covid-19. Members were socially distanced, wore masks, and did not enjoy their usual social and snack supper prior to the meeting!

**Cabarrus County ECA** members conducted their annual drive for the Veteran’s Hospital of Salisbury this fall. A variety of 400 plus items such as socks, underwear, books and personal toiletries were collected and delivered to the VA Hospital. This donation was valued at over \$850.00!



ECA members gathered at the Extension Office to view the first ever NCECA Virtual Conference on October 28, 2020. Joyce Kluttz, NVON Vice President shared an update on the NVON Project in common during the virtual conference. Cabarrus members were awarded the Gold Award.

Gail Linker was recognized as the Cabarrus Volunteer of the Year.



Barbara Looney received the SC District ECA Leadership award from Geri Bushel, Association Advisor.



ECA members are in the holiday spirit and over 200 handmade, decorated Christmas stockings are ready to be given to returning soldiers visiting the USO centers at the airports.



Harnett County



Margaret H. Speed turned 90 on August 22, 2020. A celebration was held despite Covid-19 which has changed many plans of 2020. Ms. Speed is a devoted member of Rainbow ECA Club of Harnett County. She is a charter member of Rainbow Club. The day was celebrated with balloons, cake, fried fish, close slaw, pasta salad, hush puppies, just a few of her favorite things. Calls form far and wide as well as visitor's flowers, monetary donations and gifts galore.



On November 5, 2020 Ambassador ECA Club visited Ladles of Love Kitchen in Lillington.

Ladles of Love serves home cooked meals on a donation basis – in other words you can pay the set price or pay more than the price of the meal or just pay what you can. No one is turned away. Founder Larry Alexander has been feeding senior citizens and the homeless for years with donations from churches and using the back of his car as a distribution site parking at various locations around the county. He had a vision of opening a restaurant and through lots of effort he started his restaurant. With lots of volunteers and donations of equipment, he now has a location to take care of the needs of the hungry in the county. Ambassador Club ate lunch there and really enjoyed the home cooked meal.



The club made a \$500 donation to help with his efforts. If you are ever in Lillington around lunch time and are hungry for a home cooked meal, stop by Ladles of Love at 301 S. Main Street in Lillington.



The Ambassador ECA Club presented Mason Smith from Boys and Girls Home of Lake Waccamaw with "Relay for Life" T-shirts on November 7 when he came by to pick them up. They can be used by the students on campus for whatever need they have. There were about seven boxes of assorted sizes and colors. An Ambassador ECA

member had them in storage since various "Relay for Life" events and thought they could be better used by the residents. We also had various other items to send.



Cynthia Wilder, Mason Smith and Rose Cotton (not pictured was Mary Forrest)

In the October issue of eNews, the Ambassador ECA was featured making adult chest covers. They made 111! Here are three of the finished product!



## Lincoln County



**Crouse ECA Club** has been making masks over the past few months. We would like to thank our community for all their help throughout this project. At this time we have donated around 5,000 masks to various doctors offices, schools, hospitals, and etc. In addition to these businesses, we have also provided masks to any individual who disclosed the need for them.



These crosses made by members that are given to churches and doctors to use however they please. The Levine's Cancer Center gives them to their patients, we send them to missionaries and make them for anyone who requests them.

Fried apple pies were made by the clubs of Lincoln County to raise money to sponsor four \$1000 scholarships to the four local high schools; Lincolnton, West Lincoln, North Lincoln, and East Lincoln High Schools.



The apples are purchased by a grant that was left to **LCECA** by a former member, Mrs. Sarah Nixon, to purchase the apples for making the pies each year.

Things were different this year, everyone was wearing masks and we had less volunteers because of COVID. Thank you to all whom purchased our sweet pies.

## Dates to Remember . . .

- December 1 eNews Deadline  
Pennies for Friendship due to Appointed Treasurer  
NCECA membership dues due to Appointed Treasurer
- December 2 Leadership Team call
- January 1 New officers take office

### North Central

Alamance, Alleghany, Ashe, Caswell, Chatham,  
Davidson, Davie, Durham, Forsyth, Granville,  
Guilford, Orange, Person, Randolph, Rockingham,  
Stokes, Surry, Vance, Wilkes, Yadkin

### Davie County



The **Davie County ECA** is a voluntary, nonprofit organization functioning in cooperation with North Carolina Cooperative Extension. By being an ECA member, you become part of a dynamic volunteer organization that promotes personal growth and development and seeks to enhance the quality of life for others in the local community.

When the Centers for Disease Control and Prevention (CDC) recommend the use of cloth face coverings to help slow the spread of COVID-19, the state ECA asked for members to volunteer in making cloth face coverings. Member, Linda Owings, quickly stepped up to the challenge by purchasing materials and supplies and making hundreds of masks, which she has donated to local agencies, family, friends and acquaintances. She left no interest undressed as masks include holiday, inspirational and sports designs. This past year alone, Linda made a significant contribution of over 1,000 volunteer hours to ECA and Community Outreach programs.

Linda has been a dedicated member of **Center ECA** since 2004 and currently serves as secretary of the **Davie County ECA**. She coordinated last year's successful Davie County ECA workshop, Ryan's Case for Smiles. Working with Davie Cooperative Extension leaders, she applied for and received a county level, NC ECA Innovative Grant to help with the purchase of supplies. In a two-day workshop, 68 volunteers and community members made 583 pillowcases, which were donated to Brenner's Children's Hospital, Ronald McDonald House and the NC Children's Hospital.

Following retirement from Davie County EMS, Linda had no problem filling her hours. An avid craftsman and active member of the North Carolina Basketmaker's Association, she has won recognition for her talents in the local and district ECA Cultural Arts Program. Several of her lovely basket creations have been donated for local, district and state ECA fund raising events. Linda regularly attends district and state ECA meetings and supports the annual county soup luncheon fundraiser for the local ECA Scholarship Fund. She has made blankets for the Dragon Fly House, bibs for local care facility patients and has supported many other projects to benefit others.

In addition to ECA, Linda is an active member of Center United Methodist Church, serving as President of the United Methodist Woman, member of the Pre-School Board and for many years as church treasurer. She can always be counted on to reach out without reservations. It might be said that Linda has found purpose in life by sharing her talents in helping others. She would probably say: "I'm still going. I guess I'll give it up when God gives me a sign I don't need to be doing it."

### Surry County



The **Surry County ECA** members have been meeting virtually or outside for the past several months. In November, clubs were invited to meet at the Civic Center Park in Pilot Mountain. The program was on What's in Your Wallet? Pilot Mountain members did a community service project of a paper shower for the library. Local library funding has been cut so they were most appreciative of the paper products which were donated.

## West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee  
Reservation, Clay, Cleveland, Graham, Haywood, Henderson,  
Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford,  
Swain, Transylvania, Watauga, Yancey

## Cherokee County

### ***Somethin' Pumpkin - Pumpkin Decorating Contest 2020***



**Cleveland County ECA** was pleased to join with NC Cooperative Extension Cleveland and Gaston County Centers in supporting and sponsoring the Cleveland County Somethin' Pumpkin 2020 program.

This was an opportunity for us to support local foods businesses by purchasing pumpkins for the Somethin' Pumpkin 2020 - Pumpkin Decorating Contest from these area farms: Two Wives Vineyard & Raul's Farm in Lawndale, and Lineberger's Maple Springs Farm in Dallas, NC. Local libraries participating in Somethin' Pumpkin 2020 included: Cleveland County Memorial Library in Shelby, Spangler Branch Library in Lawndale, and Mauney Memorial Library in Kings Mountain. The contest entries and winners in each category were posted on each Library's Facebook page. This was a great way for ECA to support a local program and to highlight this nutritious fall vegetable while encouraging families to enjoy more pumpkin!

### ***Foothills Farmers Market Vendor Appreciation Day***

**Cleveland County ECA** joined with the Foothills Farmers Market Board of Directors to sponsor Vendors Appreciation Day on October 17th at the farmers market. Bags of goodies were prepared by ECA members/volunteers: Mary Sue and Jack Boyles, Pat Farley, Karen Hubbard, and Lorinda Richard. Bags were given out to each vendor for their many contributions to the Foothills Farmers Market's successful season. ECA members Pat Farley and Karen Hubbard were joined by NC Cooperative Extension Cleveland County Center staff, Nancy Abasiekong and Greg Traywick, in handing out the bags and thanking each vendor.

Here FCS Extension agent, Nancy Abasiekong and County Extension Director Greg Traywick look on as Council President Pat Farley and member Karen Hubbard present a bag of goodies to each market vendor.



### ***Cleveland County ECA Sponsors 2020 - National Family Literacy Month & Shares Christmas Ornaments***



Cleveland County ECA members celebrated November - National Family Literacy Month by giving special books to each child in the BRGRG Children's Book Club. Coordinator Jean Ann Privett also included Christmas ornaments for each child. The Broad River Grandparents Raising Grandchildren & Kinship Care Support Group (BRGRG) has promoted family literacy since their beginning. Through this book club, the children have been able to select books, develop a love of reading, and build their own library at home.

The research is clear on the importance of reading and developing other literacy skills for school success and beyond. It is also important for children to see parents/grandparents reading and for families to spend time reading aloud together. BRGRG shared additional ideas for ways to promote family literacy and highlight National Family Literacy Month. Cleveland County ECA will continue to promote the valuable skills of family literacy in 2021.



Place  
Postage  
Here

