

# Tar Heel HOMEMAKERS E-news

December 2019

## Number 6

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### 2019-2020 Leadership Team

President	Shelby Ford, Union County
President-elect	Sue Rhodes, Cherokee County
Past President	Judy Blythe, Craven County
Vice Presidents	
North Central	Kim Lemons, Randolph County Jeannie Leonard, Liaison Agent
Northeast	Joan Quinn, Wake County Gina Garcia-somuk, Liaison Agent
South Central	Linda Jozwiakowski, Gaston County Pam Bryson, Liaison Agent
Southeast	Betsy Odell, Carteret County Hannah Todd, Liaison Agent
West	Melody Heltman, Henderson County Renay Knapp, Liaison Agent
Appointed Parliamentarian	Wanda Denning, Wake County
Appointed Treasurer	Faye Lanier, Durham County
Advisor	Geri Bushel, NCSU
2019 Cultural Arts Chair - Cleveland County	Jean Ann Privett Mary Lee Jones

## Notes From Your President . . .



I trust everyone had a great Thanksgiving and enjoyed time with family. I know everyone is looking forward to the Christmas Season. Everyone is busy doing good things for others and their families in the spirit of the holiday season.

Thank you to all who attended State Conference in October. West District under the leadership of their President, Melody Heltman, did a great job hosting. Thank you so very much, West District! Our State

Conference in 2020 will be hosted by the South Central District under the direction of their President, Linda Jozwiakowski. The dates of the meeting is October 26-28, 2020. As soon as the location is determined, we will let everyone know.

Also, the NVON Conference will be held July 20-22, 2020, in Spartanburg, South Carolina. This is much closer than most years so begin making plans to attend and learn new and interesting things. Let us have a great attendance.

Has your club turned in their in their volunteer hours for 2019? I hope so because these are important for NCECA.

Please continue our NVON Project in Common - gaining new members. I know some clubs have had success with this in 2019.

I am looking forward to working with each of you in 2020 and hope to get to know more of you on a personal basis. Any time you have suggestions, ideas, new things to consider doing, complaints, questions, etc., please let me know because this is your ECA.

Again, thank you for all you do through ECA to make your community, county and state a better best to live.

*Shelby Ford*

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# Across the State!

## Northeast

Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Franklin, Gates, Halifax, Hertford, Hyde, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Tyrrell, Wake, Warren, Washington

### Pasquotank County



The **Pasquotank County ECA** clubs met in our auditorium November 14, 2019 for our Fall Social. Club Members present representing **Brite Meadows Club** were Faye Meads, Jennifer Meads, Kathy Taylor, Deb Witherow and Brenda Simpson.

Club Members present representing **Mount Hermon Club** were Ann Cartwright, Gladys Jennings, Jill Reid, and Melvie Dean Rogerson.

Members representing **Albemarle Club** were Della Hicks and newest member Sherbert Birdsall. Club Members representing **Nixonton Club** were Margaret Stallings and Joy Johnson. A total of 14 members present.



**Brite Meadows ECA** was represented at the Kairos Prison Ministry event.

Brite Meadows ECA making Fall Social table decorations.



### Wake County



**Wake County ECA** celebrated Achievement Day on November 21. Accomplishments of the past year were recognized and celebrated.

Sara Ellen Sanders offered her rendition of creating many looks from one little black dress!



### Tyrrell County

ECA Local Foods Contest at the Scuppernong River Festival Information Booth!



**Southeast**  
**Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Gre**  
**ene, Johnston, Jones, Lenoir, New Hanover, Onslow, Pamlico,**  
**Pender, Robeson, Sampson, Wayne, Wilson**

**Duplin County**

The **Stanford-Duplin ECA** has participated in several volunteer efforts this fall. The first event was the 2019 Muscadine Festival in September, where members assisted with tickets and other areas of the festival. In October the club prepared an educational booth for our agribusiness county fair. The booth theme was “Helping Hands Outreach” and showcased community projects the club has completed. The members have also gathered canned goods to contribute to First Missionary Church of Warsaw and Sarah’s Refuge Domestic Violence and Rape Crisis Center.



**Members on the way!**

The club had a total of 15 members attend the NCECA Conference in Lake Junaluska. They enjoyed their first time visiting Lake Junaluska and fellowshiping with other clubs across the state. Stanford-Duplin ECA loved the educational workshops such as “Supporting Your Agent,” how to “Live in a Digital World,” and “Grace Under Pressure.” They also participated in several of the craft workshops, sight-seeing trips, and learning the history of the lake. The club submitted seven entries for the state Cultural Arts competition. They brought home a total of five ribbons; Theresa Bowles won 3<sup>rd</sup> place in sewing clothing, Marguerite Robinson won 2<sup>nd</sup> place in sewing home furnishings, Jacqueline Lisane won 3<sup>rd</sup> place in needlework, and Eloise Coston won 1<sup>st</sup> place in porcelain dolls and 2<sup>nd</sup> place in flower arrangements.



**Members Colleen Newkirk, Marguerite Robinson, and Betty Caraway sing at**



At the awards banquet, Jacqueline Lisane was honored for her leadership in the Stanford-Duplin ECA.

The club received a Gold Seal fo Standard of Excellence for their humanitarian projects and volunteer hours. Pictured: Theresa Bowles, President of the Stanford Duplin ECA, accepts the Gold Standard of Excellence Award for the club with NCECA president, Ms. Shelby Ford and FCS Program Leader, Dr. Sarah Kirby.

Their latest project has been the Hat Show Fundraiser held at the Ed Emory Auditorium. The club has been preparing since October, making items to wear during the fashion show. The show was held Saturday, November 16<sup>th</sup> and put on by all of the club members. The club showcased knit hat and scarf sets, jewelry, handmade fleece items, and lap throws. All of the showcased items were available to sell to raise additional funds.



**Audience members (club member, Theresa Bowles) get ready to strut their stuff in the fashion show**

They also displayed their cultural arts items they made all year. The audience was invited to participate in the fashion show and strut their stuff. The members had a blast and loved having the audience get involved as well. They raised over \$1400 at the event, and plan to host this as an annual fundraiser!



**Club Members and Audience Members who participated in the Fashion Show**



### Wayne County



Wayne County ECA members  
enjoying the 2019 Christmas Party!



### South Central

Alexander, Anson, Cabarrus, Catawba, Cumberland, Gaston,  
Harnett, Hoke, Iredell, Lee, Lincoln, Mecklenburg,  
Montgomery, Moore, Richmond, Rowan, Scotland,  
Stanly, Union

**South Central District** had their first Fun Day in Waxhaw in October. **Union County ECA** invited all of our South Central District members to visit Waxhaw for a day of fellowship. Fourteen people from 4 counties visited a variety of the shops in downtown Waxhaw and then enjoyed lunch at a local restaurant. Several members started their Christmas shopping while visiting the shops. Another group are interested in returning to take part in a glass fusing class. What a great start for our ECA members to explore parts of our district and to enjoy meeting other ECA members!

Look for another Fun Day in the spring!



### Gaston County



Congrats to the **ECA Creative Needlers** for raising \$95 from their recent raffle of a hand-made afghan. The winner, Betty Bollings, pictured on the left, was very excited to have won!

Want to learn how to knit or crochet? Then contact us for info about the ECA Creative Needlers group that meets weekly at the Lucile Tatum Center. No cost to attend!

### Harnett County

Six members of **Harnett County ECA** attended the State meeting in Lake Junaluska in October. They enjoyed seeing other ECA members from around the state and learning what they have been doing this year. Two members especially enjoyed the grounds – they walked the trails after our meetings every night – real troupers. We all enjoyed the delicious meals provided by the facility. After the meeting some of us found our way to Christopher Farm where we found “apple heaven”! Another great meeting in the books.



Pictured: Rose Cotton, Ann Burgin, Belivia Spaulding, Donna Springle, Sylvia Diane McLean, Patricia McKoy

**Harnett County ECA** held their International Soup and Sandwich Day on Tuesday, October 15, 2019. The three ECA groups made soup and sandwiches representing different countries. Tickets sold for \$5 and proceeds went to the new Boys and Girls Club to provide a meal for the under privileged children

who attend before they leave to go home for the day. Over \$600 was donated.

Members of the Ambassador Club provided minestrone soup and calzone for the sandwich.



Progressive Club chose a Thai soup that was raved about. They also wanted to satisfy the American taste buds with vegetable soup.

Progressive provided some great Taco Soup.



Harnett County FCS Agent, Greg Huneycutt, provided a soup for the event.

### Cabarrus County



The Cabarrus County Fair Exhibit Chairman, Mary Ann Cooper, presented an awesome opportunity to the Cabarrus County ECA Council! She invited each ECA Club to prepare a trifold display of their club's activities, programs and accomplishments! 100% of the 11 Cabarrus County ECA Clubs participated in this display in Gold Hall! Each club display included the name of the ECA Club and the meeting date and time of their club meeting. As a result of the display several clubs have had prospective members attending their club meetings!





**Cabarrus County, continued**

Cabarrus County ECA members completed beautiful and very educational fair booths for the recent 9 day Cabarrus County Fair . Top Honors were awarded o these exhibits:



1st Place Cold Water ECA Club with the topic of "Eat Good-Feel Good the Mediterranean Way"



2nd Place Rimer ECA Club with the theme of "Heart and Head go Hand n Hand".



3rd Place Culinary Adventurers ECA Special Interest Club "Practice the 3 R's...Imagine the Possibilities"



4th Place Artistic Adventurers ECA Club "Awesome Owls of North Carolina".

Also earning Honorable Mention Awards were the Bethel Midland ECA Club, Cabarrus County ECA Council, and the Country Neighbors ECA Club.



The **Cabarrus ECA Health and Wellness Committee** hosted a Flu Shot Clinic this fall at the Extension Office. Cannon Pharmacy staff attended the 4 hour clinic and provided the flu shots to encourage Cabarrus residents to stay healthy this winter. The event was organized by ECA members Donna Smith and Carolyn Wright. Cannon Pharmacy owner and nurse attended the recent Cabarrus ECA Executive Board Meeting and presented a check of \$220.00 to the County Council ( \$5.00 per shot ) in appreciation of the ECA's support of staying healthy!



**Cabarrus County ECA** and the Family and Consumer Sciences Program are jointly offering a series of Fall and Winter Classes open to any interested adult. ECA member Joyce Klutz kicked off the first class Quilling, in October and the final class will be the 4 week CookSmart/EatSmart Cooking School in January 2020.

Cabarrus County, continued

The Cabarrus County ECA Council sponsored a six day, five nights, fun-filled educational fundraiser trip entitled "Gems and Treasures in Red Bird States".



Fifty-two excited travelers filled the trip's escorted luxury motor coach. The trip added a welcome \$6,327.00 to the Cabarrus County ECA Council Treasury.

This motor coach trip included visits to Indiana, Kentucky and Ohio – three cardinal states. Highlights of the numerous "gems and treasures" visited in these "red bird" states included the following: Indiana's Amish Acres Historic Farm and Heritage Resort in Nappanee, IN., Amish Farm Wagon Countryside Tour, Coppes Commons Cabinet Woodworking Museum, "Plain and Fancy", a Broadway Amish musical



comedy, visits to the historic St. Paul's Memorial UM Church, University of Notre Dame and Elk Visitors Center, Studebaker National Museum/Oliver Mansion History Museum, South Bend Chocolate Factory Tour and the beautiful East Race Water Way River Lights,

The tour also visited the Ohio Kitchen Aid Company where everyone experienced making and eating apple dumplings, a ride on the Queen City Riverboat Dinner Cruise, Mitchell Berries Tasting and Tour, Leo Berbee Bulb Company, and a tasty lunch on Pottersburg, Ohio's Covered Bridge with entertainment plus a tour of Union County's covered bridges.

In Kentucky, the tour continued with a scenic ride through the beautiful, bluegrass horse country with a stop in Berea Kentucky at the Artisan Center.

There were five scrumptious Amish and/or Italian dinners enjoyed by tour members.

Moore County



Breakfast with Santa was a huge success! Thank you, everyone that attended. The money raised will go to 4 local charities.



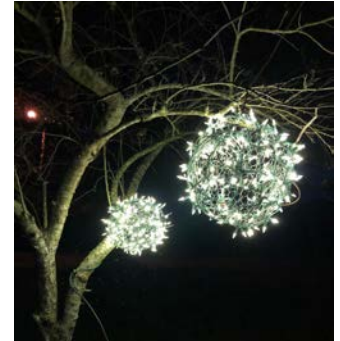


**North Central**  
 Alamance, Alleghany, Ashe, Caswell, Chatham, Davidson, Davie,  
 Durham, Forsyth, Granville, Guilford, Orange, Person,  
 Randolph, Rockingham, Stokes, Surry, Vance, Wilkes, Yadkin

**Stanly County**



**Stanly County ECA Members** have been busy over the last few months! Members have participated in A Winning Tailgate Party and Gifts from the Kitchen foods classes offered by Hayley Cowell, FCS Agent and Cortney Allen, Nutrition Program Assistant. They've made and donated hats for children with cancer. Members have also enjoyed participating in a quilling and holiday glow ball craft workshop. They are looking forward to service projects, crafts and other workshops in 2020!



**Caswell County**

At **Caswell County ECA** annual Achievement Luncheon, the ladies decided to honor the brave women of Caswell County that proudly served our country in the various branches of the military. There was a total of 11 women honored including Megan Brooks, Kelly Cobb, Gail Davidson, April Durden, Ramona Graves Joyner, Beverly Gwynn, Shikea McCollum, Carolyn Southern, Connie Steadman, Ruby Thompson and Annetia Whittsett.



The ladies were so grateful for the recognition and honor bestowed upon them and boast that it was one of the kindest gestures they'd ever experienced. Thank you for your service ladies!!







The members of **Fairfield Friends ECA Club** were pleased to be able to visit the Historic Burwell School in Hillsborough for our August 21 st meeting. The school is owned and preserved by the Hillsborough Historic Commission (HHC) that was established by the NC General Assembly in 1963 as a non-profit organization. The HHC purchased the Burwell School property in 1965, restored the existing buildings and opened them as an historic site.

One of our club members, Evelyn Poole-Kober, was appointed to the HHC by Governor McCrory and still serves in that capacity. Our members learned about the significance of The Burwell School in the Hillsborough community during the period from 1837 to 1857 when it was a girl's academy and boarding school run by Anna Burwell. Her husband Dr. Robert Burwell was the pastor of the nearby Hillsborough

Presbyterian Church. Elizabeth Hobbs Keckley was one of a group of slaves brought to Burwell School as a teenager to help with the chores at the school. We learned during our tour that she became a skilled seamstress who later in life was able to buy her freedom and became a dressmaker to Mary Todd Lincoln when she moved to Washington, DC. Each room in the historic house was furnished with items that would have been used in a home of that period in the 19 th Century but none of the items were actually owned by the Burwell family.

Our members all gained new insight into how this family-run school might have functioned with the help of the slaves who were owned and brought to the school. These people were often mistreated by the Burwell family and other families in Hillsborough-a fact that is a shameful part of our past history. It was good for us to visit this local historic site and to better understand the culture of that period in Southern history.

## Person County

Congratulations to the ECA members that we recognized December 5th at our Achievement Day Program. We could not do all that we do without this wonderful ladies!!



Congratulations to our Certified Volunteer Unit (CVU) certificate recipients who submitted enough volunteer hours to get recognized



Our Club Women of the Year



**Bush Fork ECA Club** was our Club of the Year

## HANDS-ON ECA CRAFT WORKSHOP

### “SNOWMAN WREATH”



Learn how to make a simple snowman wreath, and personalize it based on your likes and styles.

You will need to supply the following items:

- |                          |                            |
|--------------------------|----------------------------|
| 10" grapevine wreath     | pair of child-size mittens |
| 16"-18" grapevine wreath | scarf                      |
| knit cap                 |                            |

Pre-registration is required.

Register on [Randolph.ces.ncsu.edu](http://Randolph.ces.ncsu.edu) and click on "Register for Programs Online" on the left side menu.

**Wednesday, December 18**  
**10am-Noon Cost \$2 for additional supplies**  
**at the Randolph County Extension Office**

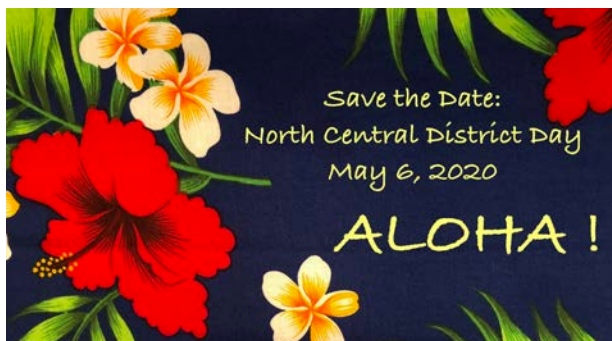
*For accommodations for persons with disabilities, contact our office at 336-318-6000 no later than five business days before the event.*

Randolph County Cooperative Extension Service  
1003 South Fayetteville Street, Asheboro, NC 27203  
336-318-6000



NC State University and NC A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.

**Randolph County ECA** had a sewing workshop in Outside it was cold and rainy- but inside we are getting ready for ALOHA!





Randolph County, continued

“Cooking with Chee—Part 2”..it was all about noodles! A delicious time was had by all at the authentic Chinese cooking class “Cooking with Chee- Part 2.” Many thanks to Dr Chee Choy for returning again to Randolph County and taking “holiday time” to teach us!



West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey



Great Job **West District ECA Team**, the 2019 ECA State Conference was a great success. Your many hours of work made our Conference at Lake Junaluska a beautiful event. Thank You one and all.

Melody Heltman  
West District President

Dates to Remember . . .

- January 23 NCECA Leadership Team meeting
- February 1 eNews Deadline
- Educational Scholarship due to county



Congratulations to **Layne Baker** on your graduation! You will be missed and we wish you well on the next step of your journey! It has been a pleasure to work with you these past two years! We know you will excel in whatever and wherever life takes you!



## YEARLY REPORTS!!

Our Yearly Activity report form has undergone changes! You can access the “paper” version on our website and it will also be in the 2020 Yearbook! You may keep up with your hours on paper but at the end of the year, you will need to input that activity into an electronic version!

Don't panic! Those who are not technologically savvy are not left behind. We are asking that one person in each county **PLEASE** take the responsibility of inputting the information for those not comfortable doing so!

This should streamline our reporting process and make it more accurate! These reports will be individual. The program will automatically generate a county report which will be available to agents for their reporting.

It is more important than ever to report ECA activity. Our Memorandum of Understanding with North Carolina Cooperative Extension requires us to do so. If we fail to report activity, the time agents spend with us may be in jeopardy. We know that ECA members love working to improve and meet the needs of their communities and are not looking for recognition for doing so, **but the reports are not bragging on your efforts, your agent needs to report your activity!!**





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