

# Tar Heel HOMEMAKERS E-news

October 2019

Volume 9 Number 5

## In This Issue

- Notes From Your President
- Across the State
- Dates to Remember
- **Important**  
NCECA State Conference Update
- Innovative GRant Recipients

## 2019-2020 Leadership Team

President	Shelby Ford, Union County
President-elect	Sue Rhodes, Cherokee County
Past President	Judy Blythe, Craven County
Vice Presidents	
North Central	Kim Lemons, Randolph County Jeannie Leonard, Liaison Agent
Northeast	Joan Quinn, Wake County Gina Garcia-somuk, Liaison Agent
South Central	Linda Jozwiakowski, Gaston County Pam Bryson, Liaison Agent
Southeast	Betsy Odell, Carteret County Hannah Todd, Liaison Agent
West	Melody Heltman, Henderson County Renay Knapp, Liaison Agent
Appointed Parliamentarian	Wanda Denning, Wake County
Appointed Treasurer	Faye Lanier, Durham County
Advisor	Geri Bushel, NCSU
2019 Cultural Arts Chair - Cleveland County	Jean Ann Privett Mary Lee Jones

## Notes From Your President . . .



We had a NCECA Leadership conference call on October 2<sup>nd</sup>. It is amazing what the ECA Clubs are doing across the state! I do not know how any of you find time to sleep! You are a group of wonderful and caring individuals. I am very, very proud to be a part of ECA.

West District is hosting our State Conference on October 20<sup>th</sup> through October 23<sup>rd</sup> at Lake Junaluska. West District has been working hard for several months to make this a successful meeting. We already have 191 people registered for the meeting. Along with the great news of the number attending, I am sorry to say that unfortunately we had more people wanting room reservations than rooms. For this, I very deeply and sincerely apology! We have a waiting list for rooms. If you need a room, please contact Geri Bushel.

Keep up your meaningful and much appreciated work in your local, county and district. You do so much good in your communities. For this, I and the Leadership Team, thank you.

Please remember to bring gift cards for our state project. These will go to the Boys and Girls Home at Lake Waccamaw, NC. They do an amazing work.

I look forward to seeing many of you at State Meeting and personally hearing more about some of your service projects.

*Shelby Ford*

[go.ncsu.edu/nceca](http://go.ncsu.edu/nceca)

Like NC ECA on [facebook](#)

## Innovative Grants

The FCS/ECA Foundation has awarded the Innovative Grants for 2019. These are awarded annually to fund projects that increase awareness and support NCECA at the local, county, district and state levels.

### Congratulations to:

- Alexandra Cheek - Cabarrus County ECA
- Davie County ECA
- Gaston County ECA
- Grape Creek ECA - Cherokee County
- Hayley Cowell - Stanly County
- Lincoln County ECA
- Watauga County ECA
- West District ECA
- West Edgecombe ECA



### Important Notes regarding NCECA Conference at Lake Junaluska!

When you arrive on the property, you will stop at the Bethea Welcome Center to check into the hotel after 4:00. DO NOT take your luggage out at this time . . . wait until you reach the hotel! You will check in at registration for the conference at Lambuth Inn, between 2 and 6!

Cultural Arts may be checked in between 3-5 and 6-7:30 at Room 100.

All meals are in the Lambuth Dining Room and are buffet. There will be NO program during the meals. You will need to gauge your time and be cognizant of the start time of the event/session to ensure you are on time.

While this conference is structured a little differently, you can be assured that the West District has worked diligently to ensure we have a great conference and a wonderful experience as we enjoy fall in our beautiful mountains!

If you are working toward the *Master FCS Volunteer*, please bring your Passport as there are workshops offered that will count toward certification!

## Across the State!

### Northeast

Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Franklin, Gates, Halifax, Hertford, Hyde, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Tyrrell, Wake, Warren, Washington

### Pasquotank County

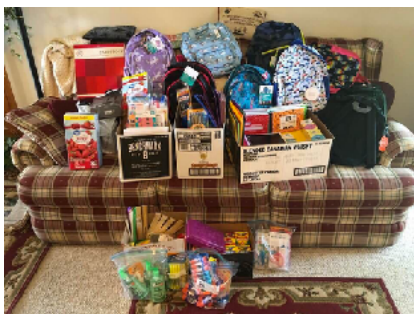


**Brite Meadows ECA** collected school supplies. Some of our members have already given their donations. Thank you Kathy for being our hostess. Baked potatoes are a hit! That strawberry cake was superb!

**Brite Meadows ECA.** Thank you Brenda for a delicious layered salad, pickled beets, cheese platter and crackers with yummy lemon cake, water, tea and coffee meal. Painting the little figurines was a fun Fall project.



Once again my friends from the **Nixonton ECA** have over whelmed me. These are school supplies bought by 8 women. It's just amazing the loving hearts that they have for helping others. There is such an assortment and we did not plan ahead on what to buy. There is everything from bookbags to headphones for computers! Hope we make the day of some students and teachers!



### Wake County



It's Christmas in August! **Wake ECA County Council** is working hard to create stockings to be distributed at local hospitals this holiday season! The fabric for the stockings was generously donated by the Capital Quilting Guild and the NC Women's Prison.

Joan Quinn updated the **Wake County ECA Council** on the quilting project she's working with at Women's Prison. She showed a quilt made by a young lady with MS that had never quilted before. The stitches were beautiful!



**The Driftwood Fellowship ECA** held their annual Summer Homemade Ice Cream Social in August. Everyone enjoyed the fellowship with friends and families in attendance. The homemade Ice cream was so delish and refreshing, not to mention the biscuits, cakes, fruit and much more. We all so look forward to this social each year.





## Currituck County

Congratulations to Henry Gregory Dozier IV, who was recently awarded the **Currituck County ECA Scholarship** by County Council President Evelyn Henley.

Gregory was a clear choice for the award given his long list of leadership accomplishments through the county's 4-H program, in which Gregory has been actively involved for several years, most notably as 4-H County Council President.

Mr. Dozier is a graduate of Currituck County High School. He not only excelled at leading within 4-H but also served as the Trumpet Section leader for two years within the school's band program.

Gregory Dozier will be attending Western Carolina University in the fall where he plans to study Psychology with a minor in Leadership.



## Edgecombe County

The **West Edgecombe ECA** group has been working in the community as an organized ECA group for over 75 years. The club has touched so many lives in the community and faithfully continues their work.



Each spring and fall the club hosts a luncheon and bingo game for seniors in the community. The day begins with a wonderful lunch prepared by the ECA group and is followed by an educational program. After the program, the fun continues with a friendly game of bingo. This spring the group hosted this event and had 45 in attendance.



In August the club collected school supplies for Bullock Elementary School. The supplies were distributed to the teachers so they could hand them out to students who were in need of school supplies.

The September meeting was all about bringing some joy and smiles to shut-ins in the community and to residents at the Heritage Retirement Center. The **West Edgecombe ECA** group distributed 120 treat bags to these individuals. The club is a staple in the community and they continue to faithfully support the Edgecombe County Cooperative Extension programs and all programs in their community.



### Southeast

Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Greene, Johnston, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, Robeson, Sampson, Wayne, Wilson

## Duplin County



The local county hospital recently accepted 25 baby blankets handmade made by the **Stanford-Duplin ECA** members. The blankets will be distributed by staff of the hospital maternity services department to infants delivered at the facility in need of the wrap for their trip home.

Pictured are representatives from ECA members presenting Michelle Hunter of Duplin Vidant Hospital with the blankets, left to right, Betty Caraway, Michelle Hunter, Theresa Bowles, Colleen Newkirk. In the past, the Club has also donated handmade caps for infants to Vidant Duplin Hospital.

In September, **Stanford-Duplin ECA** purchased school supplies for second grade students and teachers received the items to distribute.



**Stanford-Duplin ECA** shares the following achievements by its members. Olivia Williams, with many years of continuous dedicated service to leading the club's cultural arts committee, celebrated her 90th birthday in August. The birthday event included family and friends, including those from DuplinECA.



Betty Caraway did a great job recently as the speaker of the hour for Women of the Red Hats.

### South Central

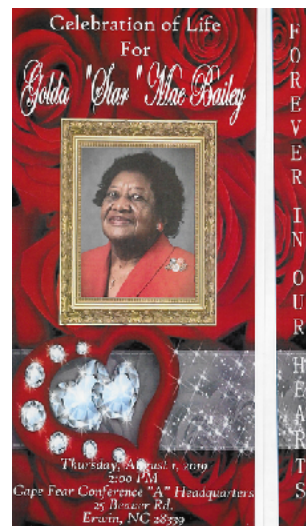
Alexander, Anson, Cabarrus, Catawba, Cumberland, Gaston, Harnett, Hoke, Iredell, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Richmond, Rowan, Scotland, Stanly, Union

## Harnett County

**Harnett County ECA** mourns the loss of one of their own . . .



Members of the **Ambassador ECA** purchased and delivered items to the SAFE house of Harnett County (Domestic Violence Help in Lillington). They were in need of items that someone would need if they had left their home with little or nothing of their own. Our members were given a list of items that could be used. We decided that it would be nice for the client to have something to keep their items in so we purchased plastic shoe boxes. Items delivered August 22 by Mary Forrest, Belivia Spaulding, Donna Springler and Rose Cotton. A representative from SAFE accepted the items.



## Gaston County



**Gaston County ECA** is excited about our new outdoor sign! Great way to let everyone know about upcoming Matter of Balance workshop for fall prevention.

Our facebook cover page has been updated!



**Walking In the Rain: Wednesday, Oct. 30th**

Time: 5:30pm-9:00pm | \$5-ECA members; \$7- Non ECA members

Registration Deadline: Oct. 28th

Instructor: Pamela Myers

Paint a pretty autumn scene—take a walk through the park with your umbrella. **BRING:** paint brushes, good paper towels, water container and an 11x14 or 16x20 canvas. Paint will be provided.

### North Central

Alamance, Alleghany, Ashe, Caswell, Chatham,  
Davidson, Davie, Durham, Forsyth, Granville,  
Guilford, Orange, Person, Randolph, Rockingham,  
Stokes, Surry, Vance, Wilkes, Yadkin

## Orange County

**Orange County ECA** sponsored a scholarship fundraiser recently which was quite successful. The fundraiser was a Barn Quilt project which caught the attention of 21 participants. Eight of the participants were ECA members. The 2019 scholarship recipient was Riley Shropmeyer, a graduating senior from Cedar Ridge High school in Hillsborough who received a \$200 scholarship.

In August the ECA executive board had a planning session. A high priority item was planning for the Achievement program which is planned for February 1, 2020. Each club will be requested to prepare and bring to the Achievement program a brag board exhibiting some of its activities and accomplishments. An informative and inspirational speaker will be invited.

ECA members were invited to participate in Orange County 4-H District day. We had 7 volunteers to participate. ECA volunteers taught some life skills, how to sew various things, how to change a tire, etc. In the change- tire class were 3 boys, 2 girls and 2 interns. Students were very receptive and appreciative of the training. County Council met on September 4, 2019 to complete ECA plans for the year.

An ECA area workshop was held September 17, 2019. The title of the workshop was "Self-Care for the Giver." The presenter was from A&TSU In Greensboro. A very beneficial program.

Our Agent, Ivelisse Colon Diaz introduced the group to a program called UNC-Horizons. This is a program for substance abuse clients most of which are pregnant women. She requested ECA to help provide an assortment of needed item for the women in this program.

**Orange County ECA** has decided to have Cultural Arts competition for its February 1, 2020 Achievement Day program. Winning items will be sent to the next level of competition.



## Orange County, continued



The **Women of Distinction ECA Club** awarded their Annual Educational Scholarship and the Women of the Year award at the June 29th "Scholarship Tea."

The recipient of the Educational Scholarship Award of \$500.00 was presented to Christopher Thompson by Voncile Farrington. Christopher is a 2019 graduate of Carrboro High School in Chapel Hill and plans to attend University of North Carolina at Greensboro majoring in Sports Medicine.

The recipient of the Women of the Year is Attorney Joal Broun. Her professional experience includes working as the director of

lobbying compliance for the North Carolina

Secretary of State's office. She served on the Carrboro Board of Aldermen for twelve years.

She is currently the chair of The Chapel Hill-Carrboro City Schools Board of Education.

Attorney Joal Broun was honored with the Women of the Year plaque by Janie Alston.



We also honored the recipients and guest with an afternoon Scholarship Tea provided by the members of **Women of Distinction ECA Club**

OCTOBER 17, 2019  
1:00 PM-3:00PM  
Orange County Southern  
Human Services Center  
2501 Homestead Rd  
Chapel Hill, N.C. 27516

**COST: Free!** Just bring a donation from any of the suggested items to support women that have been affected by abuse and violence in Orange County. Thanks for your help!

- Women's sanitary supplies
- Diapers (any size)
- Baby wipes
- Nightlights
- Baby No-Scratch Mittens
- Baby monitors



*Self-Care for the Caregiver*  
Strategies for Preventing Burnout While Caring  
for Your Loved Ones

Register at: <http://tiny.cc/ECAcaregiver>. For more information go to our website: [orange.ces.ncsu.edu](http://orange.ces.ncsu.edu) and look for the Caregiver Workshop. If you have any questions, please contact Ivelisse Colón, Extension FCS Agent at 919-245-2055 or email at [icolonc@ncsu.edu](mailto:icolonc@ncsu.edu).

## Person County

North Carolina has a long and rich history in public library service and in support of education and lifelong learning. Libraries were often the product of public service groups within the community. The Thornton Library in Granville County was the outgrowth of the Women's Service Association, while others grew out of local school boards, home demonstration clubs, and church groups. The Home Demonstration clubs were started in 1913 and have evolved into what is now known as the NC ECA.

In the mid-20th century, many home demonstration clubs adopted the practice of reading and discussing books recommended by the state librarian. Members who read a certain number of books from the librarian's list received a certificate from the state. Without local libraries, the books had to be shipped from Raleigh to the county Extension offices. Members began to see the need for a local source for books in their counties, and many clubs were instrumental in raising funds for county libraries and bookmobiles — libraries on wheels. By the mid-1950s, North Carolina led the country in bookmobile service, with 101 bookmobiles serving 94 counties.



Therefore, on Tuesday, July 3<sup>rd</sup>, the **Person County ECA** donated \$1000 to the Person County Library to help fund their purchase of a new bookmobile to help provide books to even more people across Person County. The ECA County Council decided to help support the Person County Library because many of the members remember the "traveling library" when they were children which brought new books each month out to all parts of the county, providing education and satisfaction to the entire community.

## Randolph County



**Randolph ECA** had a sewing day on September 20th. Members from the **Family Focus, Balfour, Archdale, and Ramseur** clubs came together to make 28 teddy bears and 20+ neck pillows. This project benefits Randolph Health and several local nursing homes. Special thanks to Lib Thompson for providing a delicious lunch for all to share.



Burlap Wreaths made recently in the ECA Craft Workshop

**Randolph County ECA** had a wonderful TREK to the heart of Chapel Hill on August 22nd. Highlights included a docent led tour of Ackland Art Museum, lunch at The Carolina Coffee Shop which has the proud distinction of being the oldest continually

running restaurant in North Carolina), followed by incredibly delicious ice cream at The Blue Spoon Microcreamery, and a showing of "Carolina Skies-Lunar Edition" at the Morehead Planetarium.



## Forsyth County



The **Jonestown ECA** received first place in the ECA Fair Booths at the Dixie Classic Fair. Our theme was Cast-Iron Cooking, Not your Mother's Skillet. We baked a cookie in one of the pans and gave out the recipe. This will be a program for Forsyth in 2020.

A very big thank you to a wonderful group of people who in two days helped the Davie County ECA make our goal of 500 + pillow cases for the WS chapter of Ryan's Cases for Smiles. This photo shows just a few of our 66 dedicated volunteers.



### West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey



ECA members will be taught how to make these beautiful stars at this year's NCECA State Conference by Melody Heltman.



## Cleveland County

**Cleveland County ECA** clubs donate to the Lunch Box Ministries and the Food Pantry at the Neal Senior Center in Shelby. Shown receiving some of the donations is Daniel Dedmon, Program Director at the Neal Center. The food donations are an ongoing program of the Cleveland County ECA clubs.

The **Cleveland County ECA** clubs are providing educational exhibits at the 95<sup>th</sup> Cleveland County Agricultural Fair held at the fairgrounds in Shelby. Dates for the Fair are September 26-October 6, 2019. Cleveland County Home Demonstration Clubs participated in the 1924 Fair and we believe have participated each year. This year ECA has 4 exhibits featured in Dorton Hall.



### 1<sup>st</sup> Place-SHOP FOR A HEALTHY PLATE - Boiling Springs ECA



### 2<sup>nd</sup> Place-DECLUTTER YOUR HOME - Lawn-dale ECA

### 3<sup>rd</sup> Place-SURPRISING SOURCES OF CALCIUM - Belwood ECA



### Creditable- 4 STEPS To A BETTER BRAIN - Cleveland County Council

The exhibits serve as a Membership Marketing Invitation for others to join us in ECA. See the attached invitation postcard for details. The invitation includes a QR code for the new **Cleveland County ECA** Facebook page and NC Cooperative Extension Cleveland County Center website. **Cleveland County ECA** will continue to market our organization and invite others to join us!

## Dates to Remember . . .

October 1	eNews Deadline
October 20-23	NCECA State Conference
November 1	NCECA Past President to send Scholarship information Local Membership dues
December 1	eNews Deadline Pennies for Friendship due County Membership dues to Appointed Treasurer



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Postage  
Here**

