Notes From Your President . . .

We had a NCECA Leadership conference call on October 2nd. It is amazing what the ECA Clubs are doing across the state! I do not know how any of you find time to sleep! You are a group of wonderful and caring individuals. I am very, very proud to be a part of ECA.

West District is hosting our State Conference on October 20th through October 23rd at Lake Junaluska. West District has been working hard for several months to make this a successful meeting. We already have 191 people registered for the meeting. Along with the great news of the number attending, I am sorry to say that unfortunately we had more people wanting room reservations than rooms. For this, I very deeply and sincerely apologize! We have a waiting list for rooms. If you need a room, please contact Geri Bushel.

Keep up your meaningful and much appreciated work in your local, county and district. You do so much good in your communities. For this, I and the Leadership Team, thank you.

Please remember to bring gift cards for our state project. These will go to the Boys and Girls Home at Lake Waccamaw, NC. They do an amazing work.

I look forward to seeing many of you at State Meeting and personally hearing more about some of your service projects.

Shelby Ford

Like NC ECA on facebook
Innovative Grants
The FCS/ECA Foundation has awarded the Innovative Grants for 2019. These are awarded annually to fund projects that increase awareness and support NCECA at the local, county, district and state levels.

Congratulations to:

- Alexandra Cheek - Cabarrus County ECA
- Davie County ECA
- Gaston County ECA
- Grape Creek ECA - Cherokee County
- Hayley Cowell - Stanly County
- Lincoln County ECA
- Watauga County ECA
- West District ECA
- West Edgecombe ECA

Important Notes regarding NCECA Conference at Lake Junaluska!

When you arrive on the property, you will stop at the Bethea Welcome Center to check into the hotel after 4:00. DO NOT take your luggage out at this time . . . wait until you reach the hotel! You will check in at registration for the conference at Lambuth Inn, between 2 and 6!

Cultural Arts may be checked in between 3-5 and 6-7:30 at Room 100.

All meals are in the Lambuth Dining Room and are buffet. There will be NO program during the meals. You will need to gauge your time and be cognizant of the start time of the event/session to ensure you are on time.

While this conference is structured a little differently, you can be assured that the West District has worked diligently to ensure we have a great conference and a wonderful experience as we enjoy fall in our beautiful mountains!

If you are working toward the Master FCS Volunteer, please bring your Passport as there are workshops offered that will count toward certification!
Across the State!

Northeast

Pasquotank County

Brite Meadows ECA collected school supplies. Some of our members have already given their donations. Thank you Kathy for being our hostess. Baked potatoes are a hit! That strawberry cake was superb!

Brite Meadows ECA. Thank you Brenda for a delicious layered salad, pickled beets, cheese platter and crackers with yummy lemon cake, water, tea and coffee meal. Painting the little figurines was a fun Fall project.

Once again my friends from the Nixonton ECA have overwhelmed me. These are school supplies bought by 8 women. It’s just amazing the loving hearts that they have for helping others. There is such an assortment and we did not plan ahead on what to buy. There is everything from bookbags to headphones for computers! Hope we make the day of some students and teachers!

Wake County

It’s Christmas in August! Wake ECA County Council is working hard to create stockings to be distributed at local hospitals this holiday season! The fabric for the stockings was generously donated by the Capital Quilting Guild and the NC Women’s Prison.

Joan Quinn updated the Wake County ECA Council on the quilting project she’s working with at Women’s Prison. She showed a quilt made by a young lady with MS that had never quilted before. The stitches were beautiful!

The Driftwood Fellowship ECA held their annual Summer Homemade Ice Cream Social in August. Everyone enjoyed the fellowship with friends and families in attendance. The homemade Ice cream was so delish and refreshing, not to mention the biscuits, cakes, fruit and much more. We all so look forward to this social each year.
Currituck County

Congratulations to Henry Gregory Dozier IV, who was recently awarded the Currituck County ECA Scholarship by County Council President Evelyn Henley.

Gregory was a clear choice for the award given his long list of leadership accomplishments through the county’s 4-H program, in which Gregory has been actively involved for several years, most notably as 4-H County Council President.

Mr. Dozier is a graduate of Currituck County High School. He not only excelled at leading within 4-H but also served as the Trumpet Section leader for two years within the school’s band program.

Gregory Dozier will be attending Western Carolina University in the fall where he plans to study Psychology with a minor in Leadership.

Edgecombe County

The West Edgecombe ECA group has been working in the community as an organized ECA group for over 75 years. The club has touched so many lives in the community and faithfully continues their work.

Each spring and fall the club hosts a luncheon and bingo game for seniors in the community. The day begins with a wonderful lunch prepared by the ECA group and is followed by an educational program. After the program, the fun continues with a friendly game of bingo. This spring the group hosted this event and had 45 in attendance.

In August the club collected school supplies for Bullock Elementary School. The supplies were distributed to the teachers so they could hand them out to students who were in need of school supplies.

The September meeting was all about bringing some joy and smiles to shut-ins in the community and to residents at the Heritage Retirement Center. The West Edgecombe ECA group distributed 120 treat bags to these individuals. The club is a staple in the community and they continue to faithfully support the Edgecombe County Cooperative Extension programs and all programs in their community.
Duplin County

The local county hospital recently accepted 25 baby blankets handmade made by the Stanford-Duplin ECA members. The blankets will be distributed by staff of the hospital maternity services department to infants delivered at the facility in need of the wrap for their trip home.

Pictured are representatives from ECA members presenting Michelle Hunter of Duplin Vidant Hospital with the blankets, left to right, Betty Caraway, Michelle Hunter, Theresa Bowles, Colleen Newkirk. In the past, the Club has also donated handmade caps for infants to Vidant Duplin Hospital.

In September, Stanford-Duplin ECA purchased school supplies for second grade students and teachers received the items to distribute.

Stanford-Duplin ECA shares the following achievements by its members. Olivia Williams, with many years of continuous dedicated service to leading the club’s cultural arts committee, celebrated her 90th birthday in August. The birthday event included family and friends, including those from DuplinECA.

Betty Caraway did a great job recently as the speaker of the hour for Women of the Red Hats.

Harnett County

Harnett County ECA mourns the loss of one of their own . . .

Members of the Ambassador ECA purchased and delivered items to the SAFE house of Harnett County (Domestic Violence Help in Lillington). They were in need of items that someone would need if they had left their home with little or nothing of their own. Our members were given a list of items that could be used. We decided that it would be nice for the client to have something to keep their items in so we purchased plastic shoe boxes. Items delivered August 22 by Mary Forrest, Belivia Spaulding, Donna Springle and Rose Cotton. A representative from SAFE accepted the items.
Gaston County

Gaston County ECA is excited about our new outdoor sign! Great way to let everyone know about upcoming Matter of Balance workshop for fall prevention.

Our facebook cover page has been updated!

Walking In the Rain: Wednesday, Oct. 30th
Time: 5:30pm-9:00pm | $5-ECA members; $7- Non ECA members
Registration Deadline: Oct. 28th
Instructor: Pamela Myers
Paint a pretty autumn scene—take a walk through the park with your umbrella. BRING: paint brushes, good paper towels, water container and an 11x14 or 16x20 canvas. Paint will be provided.

North Central
Alamance, Alleghany, Ashe, Caswell, Chatham, Davidson, Davie, Durham, Forsyth, Granville, Guilford, Orange, Person, Randolph, Rockingham, Stokes, Surry, Vance, Wilkes, Yadkin

Orange County

Orange County ECA sponsored a scholarship fundraiser recently which was quite successful. The fundraiser was a Barn Quilt project which caught the attention of 21 participants. Eight of the participants were ECA members. The 2019 scholarship recipient was Riley Shropmeyer, a graduating senior from Cedar Ridge High school in Hillsborough who received a $200 scholarship.

In August the ECA executive board had a planning session. A high priority item was planning for the Achievement program which is planned for February 1, 2020. Each club will be requested to prepare and bring to the Achievement program a brag board exhibiting some of its activities and accomplishments. An informative and inspirational speaker will be invited.

ECA members were invited to participate in Orange County 4-H District day. We had 7 volunteers to participate. ECA volunteers taught some life skills, how to sew various things, how to change a tire, etc. In the change-tire class were 3 boys, 2 girls and 2 interns. Students were very receptive and appreciative of the training. County Council met on September 4, 2019 to complete ECA plans for the year.

An ECA area workshop was held September 17, 2019. The title of the workshop was "Self-Care for the Giver." The presenter was from A&TSU in Greensboro. A very beneficial program.

Our Agent, Ivelisse Colon Diaz introduced the group to a program called UNC-Horizons. This is a program for substance abuse clients most of which are pregnant women. She requested ECA to help provide an assortment of needed item for the women in this program.

Orange County ECA has decided to have Cultural Arts competition for its February 1, 2020 Achievement Day program. Winning items will be sent to the next level of competition.
Orange County, continued

The Women of Distinction ECA Club awarded their Annual Educational Scholarship and the Women of the Year award at the June 29th ”Scholarship Tea."

The recipient of the Educational Scholarship Award of $500.00 was presented to Christopher Thompson by Voncile Farrington. Christopher is a 2019 graduate of Carrboro High School in Chapel Hill and plans to attend University of North Carolina at Greensboro majoring in Sports Medicine.

The recipient of the Women of the Year is Attorney Joal Broun. Her professional experience includes working as the director of lobbying compliance for the North Carolina Secretary of State’s office. She served on the Carrboro Board of Aldermen for twelve years. She is currently the chair of the Chapel Hill-Carrboro City Schools Board of Education.

Attorney Joal Broun was honored with the Women of the Year plaque by Janie Alston.

We also honored the recipients and guest with an afternoon Scholarship Tea provided by the members of Women of Distinction ECA Club

Person County

North Carolina has a long and rich history in public library service and in support of education and lifelong learning. Libraries were often the product of public service groups within the community. The Thornton Library in Granville County was the outgrowth of the Women’s Service Association, while others grew out of local school boards, home demonstration clubs, and church groups. The Home Demonstration clubs were started in 1913 and have evolved into what is now known as the NC ECA.

In the mid-20th century, many home demonstration clubs adopted the practice of reading and discussing books recommended by the state librarian. Members who read a certain number of books from the librarian’s list received a certificate from the state. Without local libraries, the books had to be shipped from Raleigh to the county Extension offices. Members began to see the need for a local source for books in their counties, and many clubs were instrumental in raising funds for county libraries and bookmobiles — libraries on wheels. By the mid-1950s, North Carolina led the country in bookmobile service, with 101 bookmobiles serving 94 counties.

Therefore, on Tuesday, July 3rd, the Person County ECA donated $1000 to the Person County Library to help fund their purchase of a new bookmobile to help provide books to even more people across Person County. The ECA County Council decided to help support the Person County Library because many of the members remember the “traveling library” when they were children which brought new books each month out to all parts of the county, providing education and satisfaction to the entire community.
Randolph County

Randolph ECA had a sewing day on September 20th. Members from the Family Focus, Balfour, Archdale, and Ramseur clubs came together to make 28 teddy bears and 20+ neck pillows. This project benefits Randolph Health and several local nursing homes. Special thanks to Lib Thompson for providing a delicious lunch for all to share.

Burlap Wreaths made recently in the ECA Craft Workshop

Randolph County ECA had a wonderful TREK to the heart of Chapel Hill on August 22nd. Highlights included a docent led tour of Ackland Art Museum, lunch at The Carolina Coffee Shop which has the proud distinction of being the oldest continually running restaurant in North Carolina), followed by incredibly delicious ice cream at The Blue Spoon Mcrocreamery, and a showing of “Carolina Skies-Lunar Edition” at the Morehead Planetarium.

Forsyth County

The Jonestown ECA received first place in the ECA Fair Booths at the Dixie Classic Fair. Our theme was Cast-Iron Cooking, Not your Mother’s Skillet. We baked a cookie in one of the pans and gave out the recipe. This will be a program for Forsyth in 2020.

A very big thank you to a wonderful group of people who in two days helped the Davie County ECA make our goal of 500 + pillow cases for the WS chapter of Ryan’s Cases for Smiles. This photo shows just a few of our 66 dedicated volunteers.

West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey

ECA members will be taught how to make these beautiful stars at this year's NCECA State Conference by Melody Heltman.
Cleveland County

Cleveland County ECA clubs donate to the Lunch Box Ministries and the Food Pantry at the Neal Senior Center in Shelby. Shown receiving some of the donations is Daniel Dedmon, Program Director at the Neal Center. The food donations are an ongoing program of the Cleveland County ECA clubs.

The Cleveland County ECA clubs are providing educational exhibits at the 95th Cleveland County Agricultural Fair held at the fairgrounds in Shelby. Dates for the Fair are September 26-October 6, 2019. Cleveland County Home Demonstration Clubs participated in the 1924 Fair and we believe have participated each year. This year ECA has 4 exhibits featured in Dorton Hall.

1st Place-SHOP FOR A HEALTHY PLATE - Boiling Springs ECA

2nd Place-DECLUTTER YOUR HOME - Lawndale ECA

3rd Place-SURPRISING SOURCES OF CALCIUM - Belwood ECA

Creditable- 4 STEPS To A BETTER BRAIN - Cleveland County Council

The exhibits serve as a Membership Marketing Invitation for others to join us in ECA. See the attached invitation postcard for details. The invitation includes a QR code for the new Cleveland County ECA Facebook page and NC Cooperative Extension Cleveland County Center website. Cleveland County ECA will continue to market our organization and invite others to join us!
Dates to Remember . . .

October 1    eNews Deadline
October 20-23 NCECA State Conference

November 1   NCECA Past President to send Scholarship information
             Local Membership dues

December 1   eNews Deadline
             Pennies for Friendship due
             County Membership dues to Appointed Treasurer