North Carolina Extension & Community Association, Inc.

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Description automatically generated2019 Conference Registration

October 20-23, 2019

Lambuth Inn, Lake Junaluska

**Mountains of Opportunity**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ County \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_\_\_\_\_\_\_\_**

**E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Special dietary needs- include all foods due to allergies or religious beliefs:**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**In case of an emergency, contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Emergency Daytime Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Emergency Evening Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I am a: (check all that apply)**

\_\_\_\_\_ Leadership Team \_\_\_\_\_ County President \_\_\_\_\_ Past State President \_\_\_\_\_ Liaison Agent

\_\_\_\_\_ NCCE Administrator \_\_\_\_\_ Guest \_\_\_\_\_ First Time \_\_\_\_\_EMFV

**\_\_\_\_\_\_\_ Tour – Tuesday, October 22. \_\_\_\_\_\_ Participate in ECA Chorus**

**Hands on Workshops - $8.00 each**

**\_\_\_\_\_\_\_ Memory Necklace**

**\_\_\_\_\_\_\_ Creative Greeting Cards**

**\_\_\_\_\_\_\_ Quilted Star Ornament**

**\_\_\_\_\_\_\_ Christmas Ornament**

**I would also like to purchase Guest Meals**

\_\_\_\_\_Sunday Dinner -$30.00

\_\_\_\_\_Monday Breakfast - $15.00

\_\_\_\_\_Monday Lunch - $25.00

\_\_\_\_\_Monday Dinner - $30.00

\_\_\_\_\_Tuesday Breakfast - $15.00

\_\_\_\_\_Tuesday Lunch - $25.00

\_\_\_\_Tuesday Dinner - $30.00

\_\_\_\_\_Wednesday Breakfast - $15.00

**Registration Deadline:**

**Full Registration (by 9-27) $140.00 \_\_\_\_\_\_\_**

**Late Registration (after 9-27) $160.00 \_\_\_\_\_\_\_**

**Hands on Workshops $ \_\_\_\_\_**

**Guest Meals $ \_\_\_\_\_**

**TOTAL**

**Registration & Fees $ \_\_\_\_\_\_\_\_**

(Registration fees transferable, not refundable)

Make checks payable to:

West District ECA & mail to:

Mary Sue Boyles

387 South Highway 18

Lawndale, NC 28090

**NCECA Service Longevity Awards**

**Due September 15**

Recognition will be given to those achieving longevity in membership. Those who have achieved 25 years and 5-year increments there after, as a member will be recognized. County Council Presidents should submit names of members who deserve this recognition. Please send only one report per county!

***Please print or type the name, as it should appear on the certificate***

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| --- | --- | --- | --- |
| Name | Year Joined | County | District |
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**Remembrance Ceremony**: A Remembrance Ceremony honoring ECA members who have passed away since the last Conference will be held during the Banquet on Tuesday night. Submissions should be made with registration. Additional submission can be made through October 1st. Please have your information in on time to maintain the dignity of the ceremony. List names and counties of deceased.

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ County\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

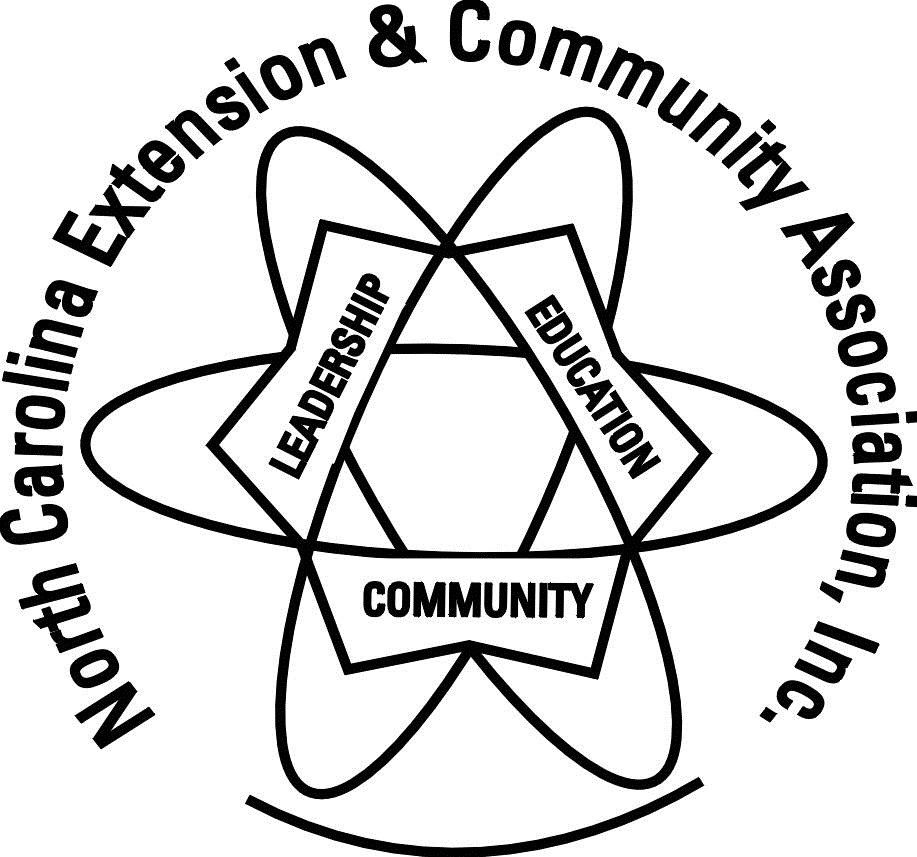
Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ County\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ County\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**OUTSTANDING SERVICE AWARD**

If your county has NOT named and submitted an Outstanding Volunteer name to Geri, it’s not too late!

NAME \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ COUNTY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

NCECA State Conference

A drawing of a face

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Lambuth Inn, Lake Junaluska

**Mountains of Opportunity**

**2019 NCECA Conference Agenda**

The schedule for this year’s conference is a little different . . . take notice!!

**Sunday, October 20**

**4:00-5:00 Check into the Hotel at the Bethea Welcome Center**

**Register for Conference at Lambuth Inn**

**2:00-6:00** **Registration**

**3-5 and 6-7:30 Cultural Arts Check in – Room 100**

**5:30 - 7:00 Dinner -Lambuth Dining Room**

(You do not have to go looking for a place to eat as the meal is

included in your registration.)

**6:00** **Leadership Team meeting – Room 106**

**Hands on Workshops**

Room 102 – Memory Necklace

Room 103 – Creative Greeting Cards

Room 104 – Christmas Ornament

**Monday, October 21**

**7:30 Breakfast - Lambuth Dining Room**

**8:00 - 9:30 Registration at Lambuth Inn**

**8:00 - 9:00 Cultural Arts check in – Room 100**

**9:30 -10:30 District Meetings & Photos**

Room 101 – North Central

Room 102 – Northeast

Room 103 - Southeast

Room 104 - South Central

Room 106 - West

**10:45 - 11:45 Pits and Cherries – Lambuth International**

**12:00 - 1:30 Lunch-Lambuth Dining Room**

**1:45 - 2:45 Workshops**

Rooms 101 &102 - Tie Blankets for Donation

Room 103 – NVON Project in Common

Room 104 – Living in a Digital World

Room 106 - TBD

**3:15 - 4:15 Afternoon Tea – Lambuth International**

**General Session with Longevity Awards**

**5:30 - 7:00 Dinner - Lambuth Dining Room**

**6:00 - 8:30 Cultural Arts Viewing – Room 100**

**7:15 - 8:30 Hands on Workshops**

Room 101 – Christmas Ornament

Room 102 - Memory Necklace

Room 103 – Creative Greeting Cards

Room 104 – Quilted Star

**Tuesday, October 22**

**7:30 - 8:30 Breakfast - Lambuth Dining Room**

**9:00 - 10:00 General Session with CVU Awards – Lambuth International**

**10:00 - 12:30 Tour Lake Junaluska Campus**

**10:15 - 11:45 Workshops**

Room 101 – Grace Under Pressure

Room 102 – Supporting Your Agent

Room 103 - NVON Project in Common

Room 104 – Living in a Digital World

Room 106 – Take Back Your Kitchen

**12:00 - 1:30 Lunch - Lambuth Dining Room**

**1:00 - 2:00 Cultural Arts Viewing – Room 100**

**2:15 - 4:30 Workshops**

Room 101 - Grace Under Pressure

Room 102 - Supporting Your Agent

Room 103 - TBD

Room 106 – Take Back Your Kitchen

**Extension Master Foods General Session – Room 104**

**5:00 - 6:30 Dinner - Lambuth Dining Room**

**6:45 - 8:00 Awards Program - Lambuth International**

**8:00 - 9:30 Cultural Arts Pick Up – Room 100**

**Wednesday, October 23**

**7:30 - 9:00 Breakfast - Lambuth Dining Room**

**9:30 - 11:00 NCECA Business Meeting – Lambuth International**

**EMFV Breakout Sessions – Rooms 103 &104**

**11:00 Conference Closure**

**Boys & Girls Homes:**

Please bring gift cards for Boys & Girls Homes. The girls range from 12-18 years old. There are also young mothers with babies. Boys and Girls Homes has been an ECA project for more than 40 years.

**Cultural Arts:**

Cultural Arts items may be registered on Sunday, October 20, 3:00 – 5:00 pm; 6:00-7:30 pm and Monday October 21 8:00 – 9:00 am. Judging will take place on Monday afternoon. Viewing will be open 6:00 - 8:30 p.m. on Monday, October 21; Tuesday, October 22, 1:00 – 2:00 pm. Items must be checked out on Tuesday, October 22 between 8:00 – 9:30. Only one person to pick-up items for the county.

**Tour: Trolley tour of Lake Junaluska Campus**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Educational Workshops**

* **Living in a Digital World -** Tips, etiquette, and best practices for using social media. Smart use of social media is an important personal, communication, and leadership skill.
* **NVON Project in Common: Double Your Influence – Add 2 -** Like all volunteer organizations, ECA membership is decreasing. Come and explore new ideas to increase membership and give women a greater choice of how they became involved with ECA.
* **Supporting Your Agent** - Learn how to support for NCCE agents in local programming.
* **Take Back Your Kitchen –** Homemade is better than “store bought.” Tips and tricks to improve your health through food.
* **Grace Under Pressure –** Learn to deal with difficult people and situations.

**Hands on Workshops - $8.00 each**

**Memory Necklace –** A workshop on how to make a memorial necklace out of a piece of clothing of a loved one. If you want to use your own t-shirt, plaid cotton shirt or shirt, bring it for the workshop. Also, bring scissors to cut cords and material strips. All other materials will be provided. **(**Maximum 15)

**Creative Greeting Cards –** Participants will make 2 all occasion greeting cards involving a variety of stamping and papercraft techniques. All supplies will be provided. (Maximum 15)



**Quilted Star Ornament - Participants** will make a Quilted Star Ornament in class. Materials supplied include: Christmas fabrics cut to size and pressed into strips for making the Quilted Star. Please bring a small bag to keep your ornaments in so they don’t get lost. (Maximum 15)

**Christmas Ornament Workshop**

Learn to make dimensional Christmas ornaments using air-dry clay. A variety of tools and

accessories will be used to make unique and personalized ornaments for yourself, for gift tags, or

for gifts!  Participants will make 4-5 ornaments.

**Awards:**

Recognizing counties and individual members for their service is a mainstay of the ECA State Conference! Be sure your reports are in and your forms are completed in order to be recognized.

* **Outstanding Service Award** – Each county winner will be recognized.
* **Annual Report** – Counties are recognized based on the volunteer activity for the county. Was due to Geri Bushel by March 1
* **Certified Volunteer Units (CVU)** –Members achieving 500 or more volunteer hours of service will be recognized. Was due to Geri Bushel by March 1
* **Service Longevity** – Members will be recognized for length of service at 25 years and at 5-year increments. Report form is in registration packet. Each county should return **one** form with registration.
* **Leadership Award** – One member from each district will be recognized. Application (Appendix D) is due to Geri Bushel September 15.

**Accommodations:**

**Reserve your room at the beautiful Lambuth Inn! Call 1 800-222-4930 and Use Code #39859**

**Room Rates by September 20**; after that subject to seasonal rates

            Single                      $115 plus tax

\*When you make your reservation, you will pay for first night of lodging.

Cancellations made before 15 days of arrival will receive deposit refund minus a $15 processing fee.

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Reservations are to be made under the name

**WNC Extension & Community Association.**

Lake Junaluska Conference and Retreat Center

91 North Lakeshore Drive

Lake Junaluska, NC 28745