

ECA Glossary of Terms

ACWW – Associated Country Women of the World, our international organization. It works to improve standards of living for all women and their families through its worldwide projects. **ACWW** also works with the United Nations on a consultative basis as a non-governmental organization. The work of **ACWW** is supported through memberships, Pennies for Friendship and contributions to specific projects.

Cook Smart/Eat Smart – a multi-session cooking school that provides hands-on learning in the kitchen while preparing foods based on simple and healthy cooking methods.

County Council – the county level organization (usually ECA County officer, club presidents) that meets regularly to coordinate activities, programs and projects within the county.

Cultural Arts – county, district and state competition in the arts, such as fine art, handcrafts, needlework, quilting, creative writing, etc. Refer to the ECA Yearbook for categories and rules of entry.

CVU – Certified Volunteer Units, a way to track volunteer hours contributed in Extension, community and civic organizations. Recognition is given during the NCECA State Conference.

CWC – County Women’s Council is a coordinating council composed of ACWW member societies in the USA. It meets annually to promote the work of ACWW.

EFNEP – Expanded Foods and Nutrition Education Program helps limited resource youth and families with children learn how to eat healthier meals and snacks, stretch their food dollars and reduce the risk of food-borne illnesses.

Extension District – North Carolina Cooperation Extension is divided into districts. Each district is represented on the NCECA Leadership Team by their president.

NVON – National Volunteer Outreach Organization is member organizations working together to promote communication, education and volunteerism for all people.

NCECA - North Carolina Extension & Community Association, the official name of our state organization.

NCECA State Conference – the annual meeting of NCECA, Inc. and is hosted by a district on a rotation schedule for the purpose of the annual business meeting, educational training and Cultural Arts competition.

NCECAF – North Carolina Extension & Community Association Foundation was established in April 2010. Its mission is to provide private resource development to expand the learning opportunities for individuals and families to make a difference in the communities where they live.

Pennies for Friendship – donated voluntarily by members and Member Societies, are the main source of ACWW's income to support projects.

Project in Common – a NVON selected project in which all member states participate

Tar Heel Homemakers - the organization’s printed newsletter mailed to all members.

Tar Heel Homemakers eNews - the organization’s electronic newsletter.