



Tar Heel HOMEMAKERS E-news

April 2016

Volume 6, Number 2

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2015-2016 Leadership Team

President - Faye Lanier
President-elect - Judy Blythe
Past President - Wanda Denning

VPs
Northeast - Lena Darden
Southeast - Esther Collier
North Central - Polly Caudle
South Central - Shelby Ford
West - Cathy Holmes

Parliamentarian - Wanda Denning
Treasurer - Ruth Clifton
Advisor - Geri Bushel
CVU Chair - Anne Gaddis
Cultural Arts Chairs -
Gloria Smith & Audena Spain

From Your Leadership Team . . .

New Dates for County Yearly Reports

Please take note . . . Your county's yearly report was due to Geri Bushel by March 1! This report will be for all activity in 2015. These reports will be used for awards at State Conference in October and for compiling our Annual Report that is required by our MOU with NCSU. **Last year only 36 counties submitted reports!! We CAN DO better!**

NVON 2016 Conference

In July 2016, the NVON Conference will be in Bloomington - Normal, Illinois. North Carolina will be offering an invitation to the 2017 Conference that we are hosting. We decided to ask each District to donate **one gift basket with a value of at least \$45**. We will take these five baskets to Illinois and raffle them. The proceeds will be used toward our expenses for the 2017 NVON Conference!

The Master FCS Volunteer

At State Conference, attendees received a **Passport to Master FCS Volunteer**. All the required classes are listed in the **Passport** and as you complete the classes, you will receive a sticker for that class. Once you have completed all classes, you will receive certification, Level 1 and then Level 2.

There were 3 required classes offered at State Conference and stickers given. If you have taken any of the classes in the past, a list and stickers are being distributed at District Days for your **Passport!** By the completion of District Days, we hope that all modules for Level 1 will have been offered, allowing us to certify our first class of participants in 2016!

If you have never taken a qualifying class, but would like to, let Geri Bushel know that you need a Passport. We will periodically re-offer classes.

Master FCS Volunteer certification is needed in order to participate in the Master Food Volunteer program.

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OPPORTUNITIES...ECA Clubs, Counties, Districts!

At our NVON meeting in Raleigh, July 17, 2017, NC can have a Sales Table with your wonderful crafts and one-of-a-kind creations which can benefit your club, county or district. Sounds like it is entirely too early to think about 2017. However, you know if you want a project completed, better get it started before time gets too close and it never gets done. We have a committee on our work sheet entitled "Host State Sales Table Committee" with room to write several names that would promote this very fun project. Please give me a ring (704) 786-5324 or E-mail- jwkluttz12@gmail.com and volunteer to coordinate this committee for our NVON conference. In years past, there were baskets, soaps, gourd pocketbooks, jackets, jewelry, placemats and many sales. Let's show the visiting STATES the quality of our own handwork.

Volunteers for NVON – *Thank you!* – Other Needs

During our state conference, many of our Districts and individuals volunteered to take responsibilities for planning and conducting parts of our national meeting in 2017, Raleigh. However, there are two **very important** committees needing to be filled – **REGISTRATION & SPEAKERS/ENTERTAINMENT**.

Registration duties – prepare packets for each registered member with name tag, meal/workshop/tour tickets, conference program, list of attendees, business "stuff" provided by NVON, (all the items that our state meeting needs and people to be at the registration table during certain hours).

Speaker/Entertainment Committee – line-up either/or speaker or entertainment for luncheon and dinner on Wednesday and luncheon and dinner on Thursday, provide bio for introduction, follow-up reminder, note of thanks, check for expenses.

Again, 2017 sounds like too far away to start on anything; however, in **August, 2016** – this year, ladies, **tours, speakers, entertainment** names are to be **submitted** to NVON for Board approval. December of 2016, registration information, workshop/seminars, speakers, tours, entertainment information is due for Web-site and NVON newsletter.

Please give me a call (704-786-5324) or E-mail jwkluttz12@gmail.com if you, your club, county or district would be willing to chair one of these committees.

Thank you for your willingness to help,



ACWW has a monthly newsletter. You may find it at: <http://us10.campaign-archive1.com/?u=f66538b5dc6363c7efdf765c3&id=83b572be3b&e=2d9d0caf25>

Across the State!

Northeast

Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Franklin, Gates, Halifax, Hertford, Hyde, Martin, Nash, Northampton, Pasquotank, Perquimans, Pitt, Tyrrell, Wake, Warren, Washington

Northeast District Day was March 31 at the Vernon James Center. The theme was *Bee a Homemaker*. Paul and Cheryl Newbold of Beekeepers of the Albermarle presented the program “The Benefits of Bees and Honey.”

Geri Bushel presented the last two modules of the Master FCS Volunteer: The Value and FCS and Branding FCS.

Audrey Askew, Past President for Northeast District ECA, installed the 2017-18 officers at District Day.



Pictured, l-r: Lena Darden, Past President; Shelly Coburn, Appointed Treasurer; Georgine Armstrong, Treasurer; Janis Cyrus, Secretary; Evelyn Henley, 2nd VP; Joan Quinn, 1st VP; and Juanita Nobles, President

Perquimans County offered the invitation to District Day 2017 on March 30, 2017.

Many thanks and many hugs were given until the next time!

Currituck County

The Currituck ECA had their volunteer recognition luncheon on March 17, 2016. Participants enjoyed a delicious covered dish lunch, dressed in green for St. Patrick's Day, enjoyed a pictorial history of ECA club activities and an educational presentation on Importance of Nutrition by Family & Consumer Sciences Extension Agent, Olivia Jones. Health and Nutrition is their county-wide educational focus for 2016, which includes buying local.



go.ncsu.edu/nceca

Southeast
 Bladen, Brunswick, Carteret, Columbus, Craven, Duplin,
 Greene, Johnston, Jones, Lenoir, New Hanover, Onslow,
 Pamlico, Pender, Robeson, Sampson, Wayne, Wilson

Carteret County

Last September, 12 members of the Wildwood ECA went to New Bern and enjoyed exercising our creative sides painting ceramic bowls to be donated to the annual Empty Bowls Fundraiser. The Fundraiser benefits the Hope Mission Soup Kitchen and Martha's Mission Food Pantry.

On January 29, 2016 the finished bowls were presented to guest speaker Glenda Killion, Office Administrator for Hope Mission, at our Wildwood and Crab Point Achievement Day.

In addition to decorating and donating the bowls, Wildwood members also attended the Empty Bowls fundraiser at the Civic Center in Morehead City in February. Local restaurants donated delicious soups, breads and desserts. For the price of a ticket, each person received two bowls of soup and got to select one of the decorated bowls to take home. All proceeds benefited Hope Mission and Martha's Mission.

North Central
 Alamance, Alleghany, Ashe, Caswell, Chatham, Davidson, Davie,
 Durham, Forsyth, Granville, Guilford, Orange, Person, Randolph,
 Rockingham, Stokes, Surry, Vance, Wilkes, Yadkin

Durham County

State President Faye Lanier presents Durham County Club Woman of the Year Award to Katie Newton. Katie is a member of the Rougemont Club and is very involved with the ECA in many ways to make Durham County ECA known in Durham County as a leader in volunteer programs.



Durham County ECA members collected socks for the homeless in Durham County. Shown are members of the Durham County ECA presenting socks collected to Lloyd Scheidler, the Project Manager with Durham Opening



Randolph County

Randolph County Council President Doris Davis introduced Jeannie Leonard to Randolph County as its new Family & Consumer Sciences Agent during a recent meeting. Having previously served in Davidson County, Leonard is no stranger to ECA. Her first day in Randolph County was on March 1. She was warmly welcomed by the group and will be looked to for leadership in program planning.



Longevity Certificates were presented by County Council Secretary Kay Williamson to Jayne Stephenson and Nancy York for 30 years, Betty Brown for 35 years and Hazel Alston for 45 years.

Forsyth County

Forsyth County held their ECA Achievement Day on March 1, 2016. Though many members were recognized for milestones of their years of service, there were three who have 50+ years of service. They are Mary Stamper, 50 years, Billie Kirkman, 55 years, and Ora Mae Gibson, 60 years. Their dedication to the ECA here in our county is outstanding and much appreciated!

During Forsyth County's ECA Achievement Day, a new group was introduced to the ECA members that they are sure to never forget as the entertainment for the event was provided by a very unique group...of cheerleaders!

The Piedmont Cheering Hearts organized in March, 2014 to compete in the Piedmont Plus Senior Games. No cheerleading teams had ever competed in the Winston Salem area, so this was quite exciting for the entire group. They are all a part of "The Living Well", a Senior Citizens group in Rural Hall. Their squad consists of Jane Bodenhamer, Robin Shamel, Hortensia Hall, Faye Ray, Ghislaine Vesitis, Barbara Benge, Joyce Difaro, Judy Revels, Roberta Grantham, Chrystal Crosby, Nancy Cox, Tina Elledge and Ina Warren. All members range in age from 55 to 87.



This group of encouraging cheerleaders has formed a "sisterhood" and have become the best of friends. It makes their day when they look out into the audience and see smiling faces. "That's what we are all about, spreading JOY!" says ECA and Piedmont Cheering Heart's member Jane Bodenhamer. "The most fun we have had is actually telling our families that we were "cheerleaders".



Janet Rolison was recently recognized for Outstanding Service Project at Forsyth County's ECA Achievement day for her involvement with the Dress A Girl Around the World project. Janet has been a member of ECA for about 22 years, after retiring from work as a registered dietitian. Since 1993, she has spent hours volunteering by making quilts and, more recently, dresses. Her involvement in dress making began in 2012 when her Griffith ECA Club made dresses as part of their monthly program making pillowcase dresses. She received such satisfaction from making the dresses that she continued to make dresses, though it has evolved from pillowcase dresses to dresses made from fabric. Janet invited her three sisters, living in Goldsboro, Mississippi and California to help...and as they say, "the rest is history." They often contact people who are a part of a mission group that they have read about in the newspaper to have them

hand-deliver the dresses. This hands-on approach to getting them delivered gives the added satisfaction of knowing for sure that the dresses get where they are intended, which include countries such as Haiti, Guatemala, Belize, Mexico, Nicaragua and even to a Navajo Indian Reservation in Arizona. Although Janet's oldest sister has recently passed away, Janet and her remaining sisters continue to make the dresses and to date have created and delivered 1,736 dresses! Janet's other volunteer work includes quilting for the Victory Junction Gang Camp, making preemie quilts for Brenner Children's Hospital, knitting with a group at church, and making quilts for friends and family. She is especially proud of the quilts she has made for her 6 grandsons, all in their school colors. For more information about the Dress A Girl Around the World project, you can find it on the internet at www.dressagirlaroundtheworld.com.

Surry County



Snow caused Pilot Mountain Achievers to cancel their January meeting, but the PMA met in February to make **Winter Arrangements** using foliage found in our backyards. Our instructor was Cindy Puckett associated with the Gertrude Smith Foundation in Mount Airy. Members took home their lovely arrangements made during the class.



In March the PMA met at Heartland Homestead with Dan and Marilyn Geiger to learn how to make **Artisan Bread**. The beauty of this bread is that it does not require kneading. They also learned how to make their own 100% vanilla with no additives.



March 16, 2016 found many of our Club members participating in the Surry County

Cultural Arts Day. Members gleaned 18 ribbons with many receiving blue ribbons and moving on to the District Cultural Arts in Winston Salem in April.

We need YOUR help!!

As we move forward and Liaison Agents are serving two counties, ECA has an opportunity to step up. Help your agent any way you can . . . become self sufficient and depend on her less . . . she will still be there, but just stretched thinner than usual.

Many counties currently do not have Liaison Agents . . . some have no ECA officers. Communication goes to the County Director but we NEED at least ONE person in you county to agree to be our point of contact for communication! Send Geri Bushel an email and let her know that you will serve in that role. The major responsibility is to receive communication from NCECA Leadership Team, Geri Bushel and the Department of Youth, Families and Community Sciences AND pass it one to those ECA members in you county.



South Central

Alexander, Anson, Cabarrus, Catawba, Cumberland, Gaston, Harnett, Poke, Iredell, Lee, Lincoln, Mecklenburg, Montgomery, Moore, Richmond, Rowan, Scotland, Stanly, Union

Lee County

The Lee County ECA Achievement Night was held in January. Mildred Smith did an excellent job organizing this annual event. Hearts & Hands member Ann Clarke was awarded the Volunteer of the Year by Mildred Smith and Ruehl Dabolt. Other H&H members receiving Achievement Awards were Rita Craven, Terri Riddle, Carol Smith, Barbara Massengill, Gail Hendricks and Sharon Raschke. Gladys Noel received Club Member of the Year for Hearts & Hands ECA Quilt Guild.



Wanda Denning, Past NCECA President, was the guest speaker and presented *The Puzzle: How does ECA fit?* Her presentation explained how local ECAs fit into the statewide, national and international puzzles!



Hearts & Hands participated in Susan Condlin's retirement party. It was a nice evening recognizing Susan for her many contributions to Lee County ECA. Our guild presented her with a quilt made by Barbara Massengill. President Gladys Noel along with former Presidents Ann Clarke and Rita Craven made the presentation.

We enjoyed another fabulous holiday party hosted by the Hearts & Hands Board. Installation of the 2016 officers was held before the luncheon buffet. Drawings were held for gift cards which were awarded to members who participated in various Community Service projects. Gail Hendricks, our Vice President, arranged the games which we all enjoyed. Pictured are the winners of the Fat Quarter Shuffle - J. Blazekovich, G.Noel, H.Raymond.



Carol Smith asked the guild members and 4Hers to make heart pillows for Central Carolina Hospital to be used in the Immediate Care area of the hospital. We had a fun workday in January. Over 150 pillows have been given to the hospital to date.

Cabarrus County

A new ECA club met on March 1 , 2016 at 6:00 PM at the Sunshine Asian Restaurant in Kannapolis. This new group of ladies chose a name for the group , which we now call , " International living and Food ." The ladies were from Canada, USA, Czechoslovakia, Poland, Ukraine, and Layos . We had a great time eating together and welcoming each other . There was a discussion about our countries and different foods that we enjoy.

Cabarrus County ECA members hosted a delightful Achievement Program and Brunch at the Cabarrus Arena and Events Center, Concord, on Saturday, February 27,2016. Theme of the morning was "Building Blocks of the Future". A delicious brunch, entertainment and award presentations were highlights of the morning.



Cabarrus ECA President Pat Wickliff presenting the Community Supporter Award to the Independent Tribune's Editor Mark Plemmons



CVU Chairman Barbara Looney presenting a "check" valued at \$1,015,149.21 to Cabarrus County Commissioners Steve Morris and Diane Honeycutt



Bobbie Sheperis, Named Member of the Year



Terri Deaver, Named New Member of the Year

Becky Barbee, Named Club President of the Year



Pat Wickliff, Named the ECA Lifetime Achievement Award Winner

Allen ECA Club members, (left to right) Sylvia Blackwelder, Rachel Kluttz, and Lynne D'Aloiso. Allen ECA Club was awarded Club of the Year honors



Cabarrus County, continued

The Artistic Adventures ECA Club of Cabarrus County has had a very busy productive three months for the year 2016, with education, community service, and a lot of fun and activities.

During the February meeting, President Darnelle Hodge gave out roses for all the new officers. February's meeting included a Valentine party to encourage teamwork and fellowship among the members; and to promote and encourage more community involvement. The party provided great food, education on Valentine history and culture. An education program was presented "Some Days I Need a Hug" by Marsha Scott, Club Treasurer. Magazines were collected and given to an area nursing home. 88% of the members participated in the annual ECA Achievement Program and Brunch on February 27.



The March meeting included a Spring Hat Fling. Members decorated and paraded with hats. Contest for original, prettiest, and ugliest hats. The contest was judged by the Director of North Carolina Cooperative Extension, Cabarrus Center, Robbie Furr.

The education component was a presentation given "No One Can Do it For You, But You Can't Do it Alone" by Sue Bosley. An Easter craft was taught by Diane Lambert, both Artistic Adventurers ECA members. All members worked on treat holders, and they had a

beautiful craft to take home.



On March 16th members participated in the countywide Senior Health and Wellness Day. The display was about the importance of water and handouts were given out.

Three new members have joined. The club definitely has been working towards their goals. One of the goals is serving others, and we seem to be striving in the right direction!

West

Avery, Buncombe, Burke, Caldwell, Cherokee, Cherokee Reservation, Clay, Cleveland, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Yancey

Cherokee County



The Grape Creek ECA Club hosted a luncheon for the Grape Creek Community Club on March 4 to show their appreciation for all the work they do.



Cherokee County, continued

On Friday, April 8, Cherokee County ECA had their annual Cultural Arts meeting and dinner.

An appreciation plaque was presented to Grace Carringer for the many years she has given to the Clubs that she represents. She has been involved with Extension for more than 50 years, although not on a continuous basis. When the club she was a member of would disband, she would find another to join. She joined Sunny Point Home Demonstration Club around 1960. Other clubs to which she has belonged have been Bellview, Ranger, and lastly Bizzy Bees. Now known as Extension and Community Association, She joined Bizzy Bees ECA in 1998. The club had been organized in the Martin's Creek Community a few years earlier; it has recently disbanded. From 1969-1979, she was a 4-H leader in the Ranger Community, as well as an Extension Homemaker.



On the county level, she held every major office in the ECA County Council through the years ranging from treasurer, secretary, vice president and finally president. She was chosen as the Cherokee County Homemaker of the Year in ECA in 1977. She also served a term on the Cherokee County Extension Advisory Board.

Pictured (l to r) are Carringer, Nancy Elizabeth Helms treasurer of the Grape Creek Community Development Club and treasurer of the Levi Grant at the Grape Creek Homemakers in Cherokee County, and Sue Rhodes is president of the ECA Cherokee County Council.

Dates to Remember

March

1 - ***Eat Healthy, Eat Local*** and
Water Around the World Reports due to Esther Collier
County Yearly Reports due to Geri Bushel

April

20- NCECA Leadership Team meeting
21- North Central District Day
29- West District Day

May

11- South Central District Day
15 - Deadline for Scholarship judging



18th ANNUAL NVON CONFERENCE

Touching Lives World Wide

"Inspiring Women Everywhere"

July 19-21, 2016

Bloomington-Normal Marriott Hotel & Conference Center

Normal, Illinois

If there is enough response, we will take a but to NVON Conference . . .

The following are prices for trip to the National NVON meeting on July 17 - 23, 2016.

Double - \$429 per person

Triple - \$389 per person

Quad. - \$359 per person

single \$579

Price includes: Motorcoach transportation (2) nights lodging en route: and (2) continental breakfasts. The price does not include lodging for the conference. Prices are based on a minimum of (30) paying passengers.

A tentative schedule would be:

July 17 - Pick up in Raleigh and W-S then to Frankfort. KY

Overnight in Frankfort

July 18 - Travel to Normal Illinois - arrive mid - afternoon

July 19, 20, 21 - Drive/Coach not needed

July 2 - Travel to Charleston. WV

Overnight in Charleston

July 23 - return home dropping off in W-S and Raleigh

OHIO'S AMISH COUNTRY ECA Trip

Monday, June 6 through Thursday, June 9, 2016

Planned and sponsored by the Cabarrus County Extension and Community Association (ECA) for you and your friends' enjoyment, this exciting trip will help finance our 2017 North Carolina National Volunteer Outreach Network (NVON) Conference in Raleigh, July 17-20, 2017. Our one (1) 57 passenger Sunway Charter motor coach will load and return at the Cabarrus County Senior Center, 331 Corban Ave. SE, Concord, NC 28025. Trip cost per person and lodging arrangements are listed on the attached registration form.

Details of this four day, three night, educational, fun-filled, luxury motor coach trip and its basic features... that may slightly change... are as follows:

The trip's features include, but are not limited to, the following:

- **Round trip transportation on luxury motor coach with rest room, video capability, kneeling feature and relief drivers on Monday and Thursday to insure your comfort and safety.**
- **Three nights lodging** at the beautiful new **Wallhouse Hotel in Walnut Creek**. Family and friends may contact you at 1-330-852-6105. **Smoke-free rooms/suites have 2 queen beds or 1 king.**
- **Eight meals included - 3 hot full breakfasts and 1 mini at 1st rest stop, 3 dinners (Der Dutchman, Amish Home, and Berlin Farmstead Restaurant) plus 1 lunch at Dutch Valley Restaurant.**
- **Three on-your-own quick pick-up lunches and 1 dinner at Cracker Barrel on our way home**
- **Five (5) Admissions—Carlisle Inn Theater production of "Josiah for President", Amish & Mennonite Heritage Center-Behalt, Amish Farm & Home Tour, Amish Country Theater comedy production of "Somewhere Over the Silo" and Homestead Furniture Factory Tour**
- **10 Site Visits-Lehman's Hardware & Flea Market, J.M. Smucker Store, P. Graham Dunn, Hershberger Farm & Bakery, Heini's Cheese Chalet & Cheese Making Tour, Swiss Valley Furniture Mall, Homestead Furniture Showroom, Wendell August Forge, Coblenz Chocolate Factory Tour and shop & browse through the quaint shops in the town of Berlin-antiques, quilts, chocolates, ice cream, buggy rides, thrift store and more.**
- **Nutritious snacks, games & prizes en-route**
- **All taxes, meal gratuities and three (3) drivers' four (4) days tips**
- **Accident insurance and round trip luggage handling**

Important facts for those departing from Concord: Please note!!!

Due to the long distance and extra time needed for pickups, **we must leave by 7am.** (10:30pm estimated return on Thursday) **Therefore, please do the following:**

- a. Eat breakfast & use facilities **before** you arrive at the Senior Center because it will not be open.
- b. **After 6:15am**, drop-off your one (1) small piece of identified luggage for tagging & loading.
- c. Assigned seating will begin at **6:30am for those whose registration forms indicated special seating.** All others may take seats **around 6:40am.**
- d. **Plan to sleep 'til our 1st rest stop.** You may bring a small pillow &/or coverlet, (identified with your name), for your comfort if you wish.

Important facts for those departing from I-77N pickup points: Please note!!!

1. Pickup locations and times will be determined by origins and number of travelers. Travelers will be advised as soon as locations and times can be decided.
2. Last pickup location will be at VA #1 Lambsburg Safety Rest Area/Welcome Center when relief driver exchange is made.

NCECA members who signed up on the **"interested list" at State Conference** are receiving trip facts **NOW with this flyer.** Other NCECA members & friends will be notified soon. All are welcome, but must act quickly to avoid waiting list placement as our motor coach will fill quickly on a 1st come, 1st served basis.

To confirm a seat, registration form & full payment, or a deposit of not less than 1/2 of your payment, must be received. Registration forms and payments will be processed in the order they are received and promptly acknowledged by phone or email. All monies must be received by Friday, May 27th. Checks should be made payable to Gail Linker & mailed to her with completed registration forms at 915 Neisler Rd., Concord, NC 28025.

For question, cancellation policy, processing fee and waiting list status, call Gail Linker 704-786-3832 or Bobbie Sheperis 704-785-1534, email bsheperis@aol.com.

Cut here and save the above for your referral

REGISTRATION FORM (COUPLES CAN USE THE SAME FORM)

Name(s) _____ Birthday(s) (M/D) _____

Phone (H) _____ (cell) _____ E-Mail _____

Address: _____

Emergency contact _____ Phone _____

Doctor/Medical Contact _____ Phone _____

List medical limitations that require special motor coach seating & theater seating _____

Given the nine hours travel time to arrive in Ohio and to return home, please check:

I want to rotate seats at each rest stop _____. I do not want to rotate seats at each rest stop _____.

Passengers in assigned seats will not rotate either way.

Please mark (x) your room preference and list your roommate(s) as follows: (Note –roommates must submit their completed registration form and payment(s) to confirm their participation on the trip.)

__ _____ \$649 single occupancy

_____ \$539 pp/dbl occupancy Roommate's name 1. _____

_____ \$519 pp/triple occupancy Roommates' names 1. _____

2. _____

_____ \$509 pp/quad occupancy Roommates' names 1. _____

2. _____ 3. _____

LIABILITY WAIVER to be signed by each traveler: I am aware that NVON, NCECA and Cabarrus County ECA, its members and volunteer trip leaders assume no liability or responsibility for personal injury, harm or loss encountered by me during my participation in this trip, and I hereby waive any such claims.

(1) Traveler's Signature

Date

(2) Traveler's Signature

Date

Cabarrus County ECA volunteers will do their best to make this a safe and enjoyable experience for you and your fellow travelers. We look forward to being with you as we visit Ohio's beautiful Amish Country, learn interesting facts about the Amish culture, and raise much needed funds for our 2017 NC NVON Conference!

go.ncsu.edu/nceca



Place
Postage
Here